Winnipeg metro
Your essential daily news | WEEKEND, JUNE 26-28, 2015

BUY HERE ★ PAY HERE®

At Birchwood Credit Solutions, our interest is in your future, not your past.

Comfortably establish or re-establish your credit and secure your financial future with our exclusive Buy Here Pay Here in-house financing, regardless of credit concerns.

> Flip to the back cover to learn more about the Buy Here Pay Here program

Birchwood
CREDIT SOLUTIONS
A member of the Birchwood Automotive Group

BUY HERE PAY HERE is a Registered Trademark of Birchwood Automotive Group Partnership. Registration Number: TMA451756

How's the news today?

Join our Online Reader Panel and help make your **Metro News** even better. Join for a chance to win a $25 gift card.

metronews.ca/panel

metro

TEDDIES THAT TALK

THE TALK IN HOLLYWOOD

metroLIFE

Winnipeg metro

Your essentia

WEEKEND, JUNE 26-28, 2015

High 29°C/Low 17°C Mostly sunny

S.T. EYE SPY
GLOW IN THE DARK CONDOMS
KOHLER in metroVIEWS

HOW TO BEAR THE HEAT

It's the first really hot weekend of summer. Hudson has handlers and a pool to keep him frosty, but how will you stay cool? More in **metroNEWS**. SHANE GIBSON/METRO

FATAL CRASH

Victims' families shocked by verdict

A Winnipeg woman has been found not guilty of careless driving in a head-on crash that killed two people.

Crystal Vandal was charged with two counts of careless driving causing death under the Highway Traffic Act.

Jeannie Haug, 43, and her daughter, Brittney Chegus, 23, died in the September 2013 collision.

Families of the victims gasped in shock at the verdict and bailiffs had to clear the court.

Brittney's father, Steve, told media someone was responsible for his daughter's death and he wanted to know who. Others yelled as they were led from the courtroom, some in tears.

Vandal, 31, blamed her then-boyfriend Carl Balan for the crash, who was in the passenger seat at the time. Vandal told the courtroom she was having an argument with Balan, who is the father of her eight-year-old child, at the time. She then said she accidentally hit the gas pedal instead of the brake.

Traffic analysts said Vandal was driving at least 103 km/h when her car collided with another, 43 km/h over the 60 km/h speed limit when she crossed into the oncoming lane of traffic.

Judge Ryan Rolston accepted the explanation and said it was possible that Vandal hit the gas pedal while distracted.

There was no word on whether the Crown will appeal.

THE CANADIAN PRESS

HYUNDAI®

HYUNDAI FACTORY AUTHORIZED CLEAROUT EVENT

THE KICK-OFF SUMMER EVENT

7 days only! June 23rd-30th

HWY: 6.3L/100 KM
CITY: 8.5L/100 KM▼

Sport Appearance Package model shown.
Starting price from $21,343♦

2015 ELANTRA L

OWN FOR ONLY $12,995‡ INCLUDES $4,032 IN PRICE ADJUSTMENTSΩ

OR

2016 ELANTRA L LEASE FOR ONLY $70 BIWEEKLY. THAT'S LIKE PAYING $35 WEEKLY

AT 0% | FOR 24 MONTHS | WITH $0 DOWN◊

STANDARD FEATURES INCLUDE:
• AM/FM/CD/MP3 WITH 6 SPEAKERS AND IPOD®/USB AUXILIARY INPUT JACKS • POWER DOOR LOCKS • DUAL HEATED POWER EXTERIOR MIRRORS

WE CHALLENGE YOU TO FIND A BETTER DEAL

GET 0% FINANCING† FOR UP TO 96 MONTHS
ON SELECT 2015 MODELS

$7,000 IN PRICE ADJUSTMENTSΩ
AMOUNT AVAILABLE ON THE 2015 SONATA HYBRID LIMITED

— PLUS —

5-YEAR COMPREHENSIVE LIMITED WARRANTY††

ON ALL HYUNDAI MODELS

2015 SANTA FE SPORT 2.4L FWD

HWY: 8.7L/100 KM
CITY: 11.7L/100 KM▼

OWN FOR ONLY $24,995‡
INCLUDES $3,832 IN PRICE ADJUSTMENTSΩ

STANDARD FEATURES INCLUDE: • BLUETOOTH® HANDS-FREE PHONE SYSTEM • AM/FM/XM/CD/MP3 6-SPEAKER AUDIO SYSTEM WITH AUX/USB JACKS • FRONT HEATED SEATS • KEYLESS ENTRY AND SECURITY ALARM SYSTEM

2015 SANTA FE XL FWD

HWY: 9.7L/100 KM
CITY: 13.0L/100 KM▼

Limited model shown.
Starting price from $44,894♦

OWN FOR ONLY $28,927‡
INCLUDES $3,000 IN PRICE ADJUSTMENTSΩ

STANDARD FEATURES INCLUDE: • BLUETOOTH® HANDS-FREE PHONE SYSTEM • AM/FM/XM/CD/MP3 6-SPEAKER AUDIO SYSTEM WITH AUX/USB JACKS • FRONT HEATED SEATS • KEYLESS ENTRY AND SECURITY ALARM SYSTEM

Dealers may charge additional fees for administration of up to $499. Charges may vary by Dealer.

5 YEAR WARRANTY
5-year/100,000 km Comprehensive Limited Warranty††
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

GET YOUR FIRST VEHICLE

SEE YOUR DEALER FOR DETAILS

http://www.hyundaicanada.com/my1st

HYUNDAI | NEW THINKING. NEW POSSIBILITIES.®
HyundaiCanada.com

®/™The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. All other trademarks are the property of their respective owners. ‡Cash price of $12,995/$24,995/$28,927 available on all new 2015 Elantra Sedan L Manual/Santa Fe Sport 2.4L FWD/Santa Fe XL FWD models and includes price adjustments of $4,032/$3,832/$3,000. Prices include Delivery and Destination charges of $1,595/$1,795/$1,795, fees, levies and all applicable charges (excluding PST/GST). Prices exclude registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. Fees may vary by dealer. Delivery and Destination charge includes freight, P.D.E. and a full tank of gas. ΩPrice adjustments of up to $4,032/$3,832/$3,000/$7,000 available on all new 2015 Elantra Sedan L Manual/Santa Fe Sport 2.4L FWD/Santa Fe XL FWD/Sonata Hybrid Limited models. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. †Finance offers available O.A.C. from Hyundai Financial Services. Financing example: 2015 Accent 5-Door GL Auto for $19,136 at 0% per annum equals $46 weekly for 96 months for a total obligation of $19,136. $0 down payment required. Cash price is $19,136. Cost of Borrowing is $0. Finance example includes Delivery and Destination of $1,595, levies and all applicable charges (excluding PST/GST). Finance example excludes registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. ◊Leasing offers available O.A.C. from Hyundai Financial Services based on a new 2016 Elantra L Manual with an annual lease rate of 0%. Biweekly lease payment of $70 for a 24-month walk-away lease. Down Payment of $0 and first monthly payment required. Total lease obligation is $3,640. Lease offer includes Delivery and Destination of $1,595 levies, and all applicable charges (excluding PST/GST). Lease offer excludes registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. Fees may vary by dealer. $0 security deposit on all models. 20,000 km allowance per year applies. Additional charge of $0.12/km. Δ$0 finance payments for up to 12 weeks offer is available on all new 2015 Hyundai models and the total amount of the 12 weekly payments is converted to an equivalent price adjustment on the price of the vehicle. This offer applies only to purchase finance offers on approved credit. Example: Weekly finance payments on a new 2015 Accent 5-Door GL Auto equal $52 for 84 months for a total price adjustment amount of $622. ♦Prices of models shown: 2015 Elantra Sport Appearance Package/Santa Fe XL Limited AWD is $21,343/$44,894. Price includes Delivery and Destination charges of $1,595/$1,795, fees, levies and all applicable charges (excluding PST/GST). Prices exclude registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. Fees may vary by dealer. ▼Fuel consumption for new 2015 Elantra Sport Appearance Package Auto (HWY 6.3L/100KM; City 8.5L/100KM); 2015 Santa Fe Sport 2.4L FWD (HWY 8.7L/100KM; City 11.7L/100KM); 2015 Santa Fe XL Limited AWD (HWY 9.7L/100 KM; City 13.0L/100 KM); are based on Manufacturer Testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ‡†♦ΩΔ◊Offers available for a limited time and subject to change or cancellation without notice. Dealer may sell for less. Inventory is limited. Visit www.hyundaicanada.com or see dealer for complete details. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.

metro NEWS

Your essential daily news

Eh-Mojis show Canadian pride. Business

Ottawa balks at funding for reserve's connection road

FIRST NATIONS

Residents, cut off from rest of province, left weeping

Residents of a First Nation under one of Canada's longest boil-water advisories wept Thursday after the federal government refused to commit to help fund the construction of a road connecting the community with the outside world.

Both Manitoba and the City of Winnipeg announced a commitment Thursday to fund part of the cost of a permanent, all-weather road for Shoal Lake 40 First Nation, which straddles the Ontario-Manitoba boundary.

But Natural Resources Minister Greg Rickford refused to say whether Ottawa would put up its share of the cost during a ceremony on the reserve and left community members openly sobbing with disappointment. Instead, he reiterated the federal government's $1-million pledge to a design study for the project.

"We've made a clear commitment today," Rickford, the MP for the area said, as children holding signs asking for a federal commitment to build the road walked behind him. "I have no further comment."

Asked if he had anything to say to the children about the road, he said: "Hi guys."

Rickford left the announcement while Stewart Redsky wept in frustration as he spoke to people gathered in the community.

"For 100 years, Shoal Lake 40 First Nation has had to pay so Winnipeg could get fresh water," Redsky said.

"Our people need an answer today. Our people deserve an answer today."

Chief Erwin Redsky said a design study isn't enough.

The reserve has several design studies dating back a decade for water-treatment plants that have never been built.

At the same time, the federal government has said it will spend $100 million to twin the nearby Trans-Canada Highway across the provincial boundary.

"Canada is not going to get four lanes through our territory if we're not going to get our road. I made that clear to the minister today," he said.

Without a road, there is no hope for a water-treatment plant or economic development, he said.

"People are leaving," he said. "People can't live under these kinds of conditions."

Tap water on the reserve is drawn directly from the polluted lake and treated with chlorine.

But Kavin Redsky, who has been treating the water for 12 years, said there is no filtration system so sediment and weeds often come out the taps.

THE CANADIAN PRESS

Children are comforted after the federal government refused to commit to funding a third of a road project for Shoal Lake 40 First Nation Thursday. JOHN WOODS/THE CANADIAN PRESS

Federal Natural Resources Minister Greg Rickford walks away from reporters and refuses to answer their questions in Shoal Lake 40 First Nation. JOHN WOODS/THE CANADIAN PRESS

Shoal Lake's water woes

The reserve was cut off from the mainland a century ago when an aqueduct was built to supply Winnipeg with fresh water.

While clean water flows down the aqueduct, murky water is diverted to the First Nation. It has been under a boil-water advisory for 17 years and has no all-weather road connecting it to the mainland.

The community's problems got worse earlier this year when its aging ferry didn't pass federal inspection. The reserve — with no way for people to get groceries, water or immediate medical attention — declared a state of emergency.

The ferry has since been patched up but the community remains vulnerable.

Every year, people trying to get home fall through the ice. Paramedics and home-care workers won't come into the community for safety reasons. An all-weather road, named Freedom Road by residents, would cost an estimated $30 million split between three levels of government.

Manitoba Municipal Government Minister Drew Caldwell said the province is committed to seeing the road built and will wait for Ottawa to do the same.

"Until there is a definitive no, I always assume the answer is going to be yes."

THE CANADIAN PRESS

Royal Fork
Buffet
ORIENTAL PEARL
Book Your Group or
Family Gathering with us!
10% OFF
For a party of 20 or more. No separate billing. Not valid with any other specials or discount offers. Some restrictions apply.
(204) 668-1960 Unit 900-1615 Regent Ave. W. • ww.royalforkwinnipeg.com

LET US HELP YOU BUILD THE YARD OF YOUR DREAMS

We´re in your neighbourhood!

Call Now To Receive A

FREE ESTIMATE

SHOW THIS COUPON AND RECEIVE

10% OFF AT THE J&D PENNER YARD DÉCOR STORE

Offer cannot be combined with any other offers or past orders.

J&D Penner
Paving Stone And Concrete

2560 MCGILLIVRAY BLVD
JDPENNER.COM // (204) 895 8602

THE FOG ALSO RISES ST. JOHN'S PARK A pedestrian walks through St. John's Park Tuesday evening after a fog unexpectedly rises in the park, causing people to stop and gawk before taking a stroll. SHANNON VAN RAES/FOR METRO

No major damage after two tornadoes

WEATHER

Twisters touched down in southwest Manitoba

Environment Canada says two weak tornadoes briefly touched down in southwestern Manitoba.

Meteorologist Terri Lang says there were no reports of severe damage or injuries.

Both twisters came down in fields Wednesday afternoon near Manitou, about 150 kilometres southwest of Winnipeg.

Lang says the tornadoes were fairly weak.

Environment Canada had issued tornado warnings in the area as thunderstorms moved into the southern Red River Valley along the U.S. border.

The federal agency was also on Thursday investigating reports of a third tornado approximately 10 kilometres south of Treherne.

It received several calls and social media photos about funnel clouds stretching from Pilot Mound to Altona and one northwest of Winnipeg around 8 p.m. that forecasters called minor.

Wednesday's storm system also dumped heavy rain over Manitoba's escarpment along with hail as big as quarters.

Radar indicated up to 100 millimetres of rain just north of Manitou as thunderstorms parked for more than an hour over the region under tornado warning. A slow-moving storm parked over Winnipeg for half an hour at 6 p.m. and caused up to 40 millimetres of rain from downtown northeast into Transcona. CTV WINNIPEG/CJOB/THE CANADIAN PRESS

A tornado touches down near Manitou, Man., on Wednesday. JEREMY RASMUSSEN/HANDOUT

HIGHER EDUCATION

Local students tracking twisters in U.S.

A group of Winnipeggers is spending time in the United States tracking twisters for a storm-chasing course offered by the University of Manitoba.

The group of 17 students and instructors has crossed six states in less than a week.

They have tracked storms in places including Wiggins, Colorado, and Torrington, Wyoming, and have seen multiple tornadoes.

Some of the students are looking for an interesting way to earn university credits while others in the program have a passion for weather.

17

The number of students and teachers tracking tornadoes.

They start out in the morning using maps and online resources to determine where extreme weather will be.

The students present their findings to instructors, who make the final call on where to go.

THE CANADIAN PRESS

INTERSTELLAR RODEO

August 14-16, 2015 • The Forks, Winnipeg

SINEAD O'CONNOR DWIGHT YOAKAM BLUE RODEO
STEVE EARLE & THE DUKES SHARON JONES & THE DAP-KINGS
VANCE JOY HAWKSLEY WORKMAN TANYA TAGAQ JULY TALK
JUSTIN TOWNES EARLE RHIANNON GIDDENS BLACK JOE LEWIS
THE LONE BELLOW ELLIOTT BROOD NQ ARBUCKLE AMELIA CURRAN
JASON PLUMB & THE WILLING COLTER WALL SON OF DAVE GREG MACPHERSON
JD & THE SUNSHINE BAND KACY & CLAYTON RIDLEY BENT SCOTT NOLAN WENDY MCNEILL

Fresh RADIO 99.1 MODERN MUSIC · Fairmont WINNIPEG · big Rock BREWERY · creative SASKATCHEWAN · The Forks · Winnipeg Free Press

www.interstellarrodeo.com

IN BRIEF

Man charged after fight leaves two dead

A 20-year-old man from Cross Lake, Man., has been charged with two counts of second-degree murder after a fight behind a residence in the northern community.

RCMP say they were called to the scene last Friday and found two injured men lying on the ground.

They later died of their injuries. THE CANADIAN PRESS

Four years jail for car chase from police

A Winnipeg man has been sentenced to four years in prison after a high-speed chase that left a police officer injured.

Zsolt Takacs pleaded guilty to flight from police and criminal negligence causing bodily harm.

In May 2011, he led police down Main Street at speeds up to 85 km/h through heavy evening traffic after two officers in a marked cruiser tried to pull him over. THE CANADIAN PRESS

Hot days for zoo animals

WEATHER

Beasts know to stay in the shade during noonday heat

Shane Gibson
Metro | Winnipeg

As temperatures finally hit summer levels this weekend and Winnipeggers look for creative ways to beat the heat, animals at Assiniboine Park Zoo are doing the same thing.

And at least we can take off our fur coats, if we want too.

John Toothill, curator of animal collections and habitats at the zoo tells Metro for the most part the1,400 animals that call the zoo home are all naturally pretty good at practicing sun safety—they'll sit in the shade and take a dip in the pool just like people—but zookeepers do have a few tricks to help them out.

"Animals are pretty smart," he said, noting they sometimes do a better job at heat-beating than people. "The public always likes to be out sun-tanning when it's hot in the middle of the day, well that's when animals preserve their strength and try to stay out of the heat."

But to help some of the furrier animals like caribou and polar bears, the zoo has mist-creation machines in their enclosures. Zookeepers come in to hose them down, as well.

Zookeepers will also take animals into barns during hot spells and give them large ice blocks with treats like fruits or fish frozen inside, sort of like a fish popsicle.

Environment Canada predicts highs of 28 C Saturday and Sunday, with temperatures feeling hotter than that thanks to the humidity.

A lion takes refuge from the sun and the stresses of life in the shade at the Assiniboine Park Zoo on Thursday. SHANE GIBSON/METRO

HOW TO CHILL

How humans can beat the heat this weekend:

1. Ice-cold drink. Slop on some sunscreen, grab your shades and go directly to the nearest patio for a refreshing beverage. Repeat as necessary.

2. Take a free dip. The City of Winnipeg is offering free admission to all non-heated outdoor pools until Aug. 3.

3. Two words: Ice cream. Chocolatier Constance Popp is opening up a new ice cream venture on the Esplanade Riel called Délices Glacés, and her house-made frozen treats are bound to be a delicious way to cool down.

4. Slip 'n Slide. Cool down and entertain your neighbours by setting up and utilizing a Slip 'n Slide in your front lawn, they're not just for kids any more.

5. Freeze a fish into an ice block. Why not? It works for Hudson. METRO

CANADA DAY LIVING FLAG
JULY 1, 2015 | SHAW PARK
WEAR YOUR RED & WHITE and BE PART OF THE FLAG!
First 2,500 participants receive a FREE Canada Day T-Shirt | Event starts at 9am | Flag formed at 10 am
downtown WINNIPEG BIZ
downtownwinnipegbiz.com
Canadian Heritage Patrimoine canadien
Canada
TELENIUM
ENERGY 106
City
metro

STARS FIRST TIME FOR EVERYTHING STARS Air Ambulance Flight Nurse Jennifer Fosty smiles as Nurse Margo Kobar prepares her to donate blood for the first time on Thursday. Fosty was there as part of a team from STARS, which is also participating for the first time in the annual Sirens for Life blood donation drive, along with the WPS, RCMP and WFPS. Canadian Blood Services sees a drop in blood donations every summer. ELISHA DACEY/METRO

WOMEN'S WORLD CUP

Photographer has gear stolen in city

A photographer from China sent to Winnipeg to cover the FIFA Women's World Cup will likely not have good memories our city after thieves stole more than $28,000 worth of camera gear from his vehicle.

Police were called early in the morning June 17 after the photographer awoke to find that a locked suitcase filled with professional camera equipment including two Nikon D4S Camera bodies, a Go Pro 3 camera, flashes and three Nikon camera lenses had been stolen from his vehicle while it was parked downtown.

Nikon D4S, the type of camera that was stolen, is pictured. HANDOUT

Anyone with information is asked to call investigators at 204-986-6668 or Winnipeg CrimeStoppers at 204-786-TIPS. METRO

CITY HALL

Ward gets a new name

One city ward is getting a new name.

On Wednesday the city's Executive Policy Committee approved the name change that will see the St. Norbert ward become the St. Norbert-South Winnipeg ward. The ward encompasses Winnipeg neighbourhoods Fort Richmond, Fairfield West, Waverley Heights, Waverley West and River Park South, but ward Coun. Janice Lukes said people in those areas often don't realize it's their ward because of the name. St. Vital Coun. Brian Mayes said he regularly gets calls from people in Lukes' ward who think they live in his ward. The name change is expected to go through after being passed as a bylaw in council. METRO

TASTE YOUR NATION
CANADA'S CRAFT BEER REVOLUTION
COAST TO COASTER
DISCOVER YOUR BEER
Canadians love their beer and with good reason. We brew some of the best in the world. The Coast to Coaster festival features beer from over 30 Canadian craft breweries — from Vancouver Island to Nova Scotia and as far north as the Yukon.
A selection of these Canadian craft beers will be available at select Liquor Marts, Liquor Vendors, hotel beer vendors, restaurants and pubs.*
June 15 - July 12, 2015
Join Canada's Craft Beer Revolution!
*Visit LiquorMarts.ca/coast-to-coaster for participating locations, tasting event information and for your chance to WIN great prizes!
PARTICIPATING BREWERIES
LIQUOR MART
LiquorMarts.ca
AIR MILES Travel and More
MANITOBA LIQUOR & LOTTERIES
Please drink responsibly.
®™ Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Co. and Manitoba Liquor and Lotteries Corporation.

FUNDRAISING

HarperPAC 'matter of self-preservation'

It's hardly a surprise to see political organizers on the right side of the political spectrum pushing back against union-financed third-party groups on the left, says a former adviser to Prime Minister Stephen Harper.

Tom Flanagan, a retired University of Calgary political science professor, said he's hopeful that HarperPAC, the newest entry, will help to offset the pre-writ advertising efforts of its left-leaning counterparts.

"I think it is a matter of self-preservation for the Conservatives to be able to fight back," Flanagan said Wednesday.

HarperPAC, the brainchild of a team of Conservatives, launched earlier this week with an appeal for help from politically-minded Canadians who support Conservative values.

> **(Canadian PACs) aren't going to get big bucks.**
> Tom Flanagan

Former chief electoral officer Jean-Pierre Kingsley fears Canada is going down a path similar to the U.S., where political action committees, or PACs, raise untold amounts of money to influence political outcomes.

Flanagan said he doesn't believe that PACs in Canada will ever reach the scales they have in the U.S.

Their Canadian counterparts "aren't going to get big bucks," he said.

THE CANADIAN PRESS

INTERNATIONAL TRADE

We must join dairy, poultry deal: PM

Prime Minister Stephen Harper says Canada will defend its supply management system for dairy and poultry while still pursuing one of the biggest trade deals in history.

Harper made the comments after a government spokesman denied a report suggesting the Trans-Pacific Partnership could destabilize the system that governs how dairy products and poultry are sold in Canada.

"I believe these negotiations are going to establish what will become the basis of the international trading network in the Asia Pacific. It is essential in my view that Canada be part of that," the prime minister told a news conference Thursday.

"At the same time, we are working to protect our system of supply management and our farmers in other sectors."

A Globe and Mail report quoted unidentified officials as saying Harper is resolved to sign the TPP even if it means a surge in imports of duty-free poultry and dairy products.

American negotiators want to pry open the tightly controlled Canadian dairy system that offers protection for the domestic industry, but results in higher prices at the grocery store and fewer foreign offerings.

THE CANADIAN PRESS

IN BRIEF

Complaints about English result in online threats

The mayor of a predominantly francophone city near Montreal says she won't be bullied after receiving threats over online comments she made about an opposition politician using English during council meetings.

Caroline St-Hilaire posted on Facebook Thursday that she's received more than 800 Facebook comments related to a June 23 post complaining about the use of English during Longueuil council meetings.

THE CANADIAN PRESS

New baby girl was part of takeout at restaurant

A restaurant manager in Saskatoon delivered more than just food after a customer went into labour.

Staff at Montana's say a couple came into the eatery Wednesday night to pick up a takeout order and the woman went into labour.

The manager on duty helped deliver a baby girl and paramedics arrived to cut the umbilical cord. The couple says they are probably going to name the baby Montana.

THE CANADIAN PRESS

Disgraced former Conservative politician Dean Del Mastro, 44, accompanied by his wife Kelly, speaks to reporters outside court in Peterborough, Ont., on Thursday. SEAN KILPATRICK/THE CANADIAN PRESS

Ex-Tory MP jailed for campaign fraud

ELECTION LAW

Del Mastro to serve month in jail, can't run for office

A former member of Parliament who spoke for Prime Minister Stephen Harper when it came to electoral-fraud allegations was sentenced Thursday to one month in jail and barred from running for office for five years for cheating during an election campaign.

Dean Del Mastro deliberately broke spending rules then tried to cover up his crime, said Superior Court Justice Lisa Cameron, who ruled that incarceration was appropriate for the first-time offender.

"He was prepared not only to break the rules but to be deceitful about it," Cameron said. "This type of cheating and lying will result in serious sanctions."

Cameron convicted the former Conservative MP for Peterborough last fall of violating the Canada Elections Act during the 2008 federal election.

> **This type of cheating ... will result in serious sanctions.**
> Justice Lisa Cameron

She found he had knowingly exceeded spending limits, failed to report a personal contribution of $21,000 to his campaign, and submitted a falsified document.

Del Mastro, 44, has already filed an appeal of the conviction and was to apply for bail at a hearing Friday.

He was led away for processing before being taken to a jail in nearby Lindsay.

Once Harper's point man defending the Tories against allegations of electoral fraud, Del Mastro has maintained his innocence.

Del Mastro resigned his Peterborough seat in the House of Commons, where he had been sitting as an Independent since being charged, shortly after his conviction.

THE CANADIAN PRESS

SLOW RESPONSES

Access to information may take years

It's been said the wheels of justice turn slowly, and a new look at Canada's creaky access-to-information system appears to bear that out.

According to data collected as part of a Liberal question in the House of Commons, Justice Canada is the federal department with the longest running, active access-to-information request — an unfulfilled inquiry that dates back more than six years.

Under the Access to Information Act passed by Parliament, departments are supposed to respond to requests for government records within 30 days, although in practice long delays have become routine.

Liberal MP David McGuinty placed a question on the House of Commons order paper seeking a list of the five oldest access requests in each government department, agency and commission.

The results are a blast from the past.

Justice Canada, with two outstanding requests from 2009, including one from Jan. 23 that year, was the lead laggard — but hardly alone in having a docket of very slow responses.

Environment Canada, Finance, Health, Public Works, Parks Canada and the Privy Council Office all show active access requests dating back to 2010.

"My first reaction was: information delayed is information denied," McGuinty said.

"The length — some of these going back as far as six years, almost seven years — it's laughable."

Combined with rampant redactions of material when it is finally released, McGuinty said the system is being used to suppress information rather than access it.

That's simply not the case, countered Stephanie Rea, a spokeswoman in the office of Treasury Board President Tony Clement, who oversees the access system.

"The overall trend is that the access-to-information program is managing increased demands for access to information well," Rea said in an email.

She pointed to a nine per cent increase in requests in 2013-14, with 61 per cent of all information requests completed within 30 days.

THE CANADIAN PRESS

The letter a Victoria man wrote requesting that the funds raised for him go to charity instead.
COURTESY WEST SHORE RCMP

Homeless man turns down $5K

VICTORIA, B.C.

Donations raised after he turned in $2K

Thandi Fletcher
Metro | Vancouver

A homeless man who captured the hearts of thousands when he found more than $2,000 on a street in Victoria and turned it in to police says he won't accept thousands of dollars raised in his name.

The Good Samaritan, who police said doesn't want to be identified, said he wants the nearly $5,000 collected for him from people across Canada to instead go to others in need. His only wish is to get help finding a job, police said.

Const. Alex Bérubé of West Shore RCMP, who took a special interest in the case, said he spent hours tracking down the man to tell him about the community fundraising effort underway.

"It's not easy tracking down a person of no fixed address and no phone," Bérubé said in a news release. "But I kept trying because I needed to tell him about how the community had rallied together to help him."

When he finally found him, Bérubé said he was surprised to hear the man ask for the funds to be donated to Our Place, a local community centre that helps the most vulnerable, and other food service providers for people in need.

Police asked the man to think about his decision overnight, but when he returned to the detachment the next day, he stuck to his original request and put it in writing.

The mystery man first made headlines last week when police praised him for turning in the cash he found stuffed in a suitcase on a street in the Victoria suburb of Langford because it was the "right thing to do."

Mike Kelly, founder of the media website Victoria Buzz, was moved by the man's selflessness and started the fundraising effort. He said he will ensure the funds are donated to Our Place and other appropriate groups and is spearheading efforts to help find the man work.

"I'm going to do everything I can to help find him a job that fits his personal situation and will hopefully move him closer to overcoming his current challenges."

WITH FILES FROM THE CANADIAN PRESS

DISEASE

GoHere campaign is for those who've really gotta go

If you have Crohn's disease or colitis, when you've got to go to the bathroom, you've really got to go.

For people with one of these two related diseases, that panic-inducing urgency can hit as many as 20 times a day, making finding the nearest unlocked washroom their No. 1 priority.

A new campaign spearheaded by Crohn's and Colitis Canada aims to open up doors that are often locked or off-limits to all but customers of a restaurant or the tenants of an office building.

The campaign, directed at business owners and municipalities, is aptly called GoHere.

Jennifer Wakeford is an event planner in Calgary who has been living with Crohn's for 12 years. She knows firsthand how badly needed this program is.

"Unlike your average individual, there's no notice.... I don't have a lot of time to pick a place to go or go somewhere where I'm comfortable. Oftentimes I just need to find the closest washroom," explains Wakeford, 33.

That can involve pleading with businesses to let her have access. The fact that people with Crohn's and colitis don't look sick can add to the awkwardness.

"I have to explain myself.... Begging is not necessarily the right term. But you have to overshare in order to gain access," Wakeford says.

Canada has the highest rate of people with Crohn's and colitis in the world; it's estimated a quarter-million Canadians live with one of these conditions.

"This is such an important thing for us to do," says Mina Mawani, president and CEO of Crohn's and Colitis Canada.

Mawani was in Calgary on Thursday to launch the campaign with Mayor Naheed Nenshi, who announced municipal buildings will take part. Work is underway to expand the program to Ontario. THE CANADIAN PRESS

Bootleg booze and pork amid Saudi revelations

WIKILEAKS

Leaks include the passport number of Hillary Clinton

WikiLeaks' publication of more than 60,000 Saudi documents has set pens racing across the Middle East with disclosures about the secretive Arab monarchy's foreign affairs. But lost amid the torrent of revelations are offbeat memos showing the underbelly of Riyadh's diplomacy, including candid accounts of booze runs and pork smuggling.

Among the revelations you may have missed:

It's illegal to drink, sell or possess alcohol in Saudi Arabia, which follows an ultraconservative interpretation of Islamic law, but foreign embassy staffers took advantage of their diplomatic immunity to go on liquor runs to neighbouring Bahrain, where the sale of alcohol is legal. Memos published by WikiLeaks describe their unsuccessful attempts to sneak the booze into the kingdom in amusing detail.

On Jan. 18, 2013, Saudi customs officials stopped a Mexican diplomat driving back from Bahrain with "several big suitcases" in his car trunk containing no fewer than 102 bottles of whisky and 48 cans of beer, according to one undated memo. On Feb. 2, 2012 an Azeri diplomat was stopped at customs with 28 bottles of whisky hidden in socks inside his car. That same day, customs officials stopped an Italian diplomat whose car had a taped-up hole cut into the back seat, according to two other Saudi memos.

U.S. Secretary of State Hillary Clinton in a press conference with Saudi Foreign Minister Prince Saud al-Faisal in Riyadh, Saudi Arabia, March 31, 2012. BRENDAN SMIALOWSKI/THE ASSOCIATED PRESS

> **It proves the theory that Saudi foreign policy is at least in part sectarian and seeks to contain Shiism and not just Iran.**
> Toby Matthiesen, author and research fellow

Diplomats also sought to skirt Islam's prohibition of pork. A March 17, 2012 memo describes a Chinese diplomat's attempt to sneak 30 kilograms of ham into the kingdom in the trunk of his car.

It comes as no surprise that Sunni Saudi Arabia, which views Shiite Iran as its greatest regional rival, would take an interest in the spread of Shiite Islam. But some observations go into a startling level of minutiae.

Saudi diplomats are careful to estimate, for example, how many Eritrean students are studying abroad in Iran (40) and the number of Shiite Muslims in Mauritania (50,000). They were also concerned when a public debate was held between Shiite and Sunni Muslims near the Philippines' Al-Dahab mosque in Manila. Even though Shiites make up less than 1 per cent of the Muslim population in the Philippines, a memo dated Feb. 4, 2010 appears to express alarm that the religious minority's message "managed to get out of its secretive circle to the public."

"It is obsessive," said Toby Matthiesen, the author of a book about religious politics in Gulf Arab states and a research fellow at the University of Cambridge. "It proves the theory that Saudi foreign policy is at least in part sectarian and seeks to contain Shiism and not just Iran."

Among the torrent of private information leaked by the website is Hillary Rodham Clinton's passport number, included in a memo concerning a March 2012 visit to the U.S. Embassy in Riyadh.

WikiLeaks' trove of Saudi diplomatic documents includes a large amount of bureaucratic documentation and sensitive personal information, including sick leave reports, death certificates and hospital records. One document included in the haul details a 17-year-old's treatment for life-threatening medical problems. Another is a report describing severe leg injuries suffered by a 24-year-old at King Khalid Hospital in northeastern Saudi Arabia. A third describes the proposed treatment for a child with encephalopathy in the Czech Republic.

THE ASSOCIATED PRESS

BACKGROUND

Riyadah likes leaks — as long as they are not Saudi

A memo addressed to a senior diplomat in 2011, several weeks after WikiLeaks released thousands of U.S. State Department cables, suggests the Saudis sifted through the American documents and read them too.

THE ASSOCIATED PRESS

FRANCE

Trial on for baby killings

A French woman went on trial Thursday accused of suffocating eight of her newborns, after she told investigators that she feared they were children of a long, incestuous relationship with her father.

Dominique Cottrez, 51, stands accused of multiple counts of first-degree murder of minors. She faces life in prison if found guilty by a jury in the northern city of Douai.

The worst infanticide case in modern French history stunned the country when the bodies were discovered in and around the Cottrez' village home in 2010.

Cottrez, who has two grown daughters, told investigators that over more than a decade, she carried several babies to term and then killed them. Cottrez' obesity appeared to hide the pregnancies, which went unnoticed by her husband, children, neighbours, colleagues and even doctors at a nearby hospital.

Dozens of forensic and psychiatric experts, police investigators and witnesses, including her husband, daughters and siblings, are scheduled to testify.

A withdrawn, secretive nurse's aide, Cottrez told investigators she was raped by her father, first when she was eight and repeatedly through her childhood and teenage years, according to judicial documents. She later entered a long, incestuous relationship with him as an adult, including after she married, and said that it became consenting — and even said she was in love with her father more than she was with her husband.

Her father died in 2007.

One of the first witnesses called to the stand Thursday is Leonard Meriaux, who bought the Cottrez family house and discovered the first corpse in the garden in 2010. He called police, who found another in the garden and six more in the garage of the house.

Investigators soon turned their suspicions to Cottrez, who quickly confessed. She told the investigating judge that she had never used contraception or had an abortion because of a phobia of doctors. She also said she did not keep the babies because she was afraid that they were the results of her incestuous relations with her father. She said the killing had become a "means of contraception," according to the judicial documents. The verdict is expected next Thursday.

THE ASSOCIATED PRESS

EUROZONE

Greek debt bailout talks fail again

A key meeting of eurozone finance ministers broke up without agreement on Greece's rescue package on Thursday, intensifying doubts about whether Athens can make a crucial debt payment due in just a few days.

Lower-level negotiations will continue and a new meeting of eurozone finance ministers is tentatively scheduled for Saturday.

Finance ministers from the 19 nations using the euro currency failed to bridge differences over the kinds of reforms that Greece's radical left government must implement to qualify for billions in new loans.

It was the latest in a series of negotiating road blocks, and a major setback since there had been hopes to reach a deal in time for European leaders to approve it at a summit later in the day.

"Eurogroup back later, but not today," Finland's finance minister, Alexander Stubb, tweeted as the talks broke up.

THE ASSOCIATED PRESS

IN BRIEF

Greek immigrant's children granted nationality

Greece has adopted legislation granting nationality to children of foreign nationals living in the country, provided they attend or have attended school in the country. Lawmakers approved the draft legislation Thursday, marking a rift in the country's governing coalition. The minority partner, the populist, right-wing Independent Greeks party rejected the bill submitted by the radical left Syriza party.

THE ASSOCIATED PRESS

U.K.

Racist machete attacker convicted

A man who attacked a Sikh trainee dentist with a machete in a racist assault intended as revenge for the slaying of a British soldier by Muslim extremists was convicted Thursday of attempted murder.

Zack Davies struck Sarandev Bhambra in the head with a 30-centimetre blade in a supermarket in Mold, Wales, in January. Witnesses said they heard Davies shout "white power" and "this is for Lee Rigby."

Rigby was run down with a car and stabbed to death in a London street in May 2013 by two men inspired by Islamic extremism.

A former soldier, Peter Fuller, managed to get between Davies and his victim and stop the attack.

Bhambra, 24, suffered what prosecutors called "life-changing" injuries.

Prosecutors said white supremacist material was found at Davies' home.

THE ASSOCIATED PRESS

Mom, baby found in jungle

COLOMBIA

Rescuers find survivors four days after plane crash

A woman who survived a plane crash with her months-old baby, drinking water to stay alive, was finally rescued after four days lost in the jungle, Colombia's air force and rescuers said.

Maria Nelly Murillo and her child were aboard a twin-engine Cessna that crashed Saturday in a remote area of western Colombia shortly after taking flight from the city of Quibdo, the air force said.

The pilot was killed, but rescuers said a heavy load of fresh fish in the cabin absorbed much of the crash impact, allowing Murillo and her son to survive against the odds.

She forced open the cabin door and climbed a hill to get away from the air craft, which she feared might explode, the air force reported.

Apparently disoriented, she wandered in the jungle carrying her child, surviving on coconut water and trying unsuccessfully to trap rodents for food, said Acisclo Renteria, the Red Cross volunteer who eventually found her, speaking to The Associated Press from Quibdo.

A Colombian Red Cross volunteer holds one-year-old Yudier Moreno as he and his mother are flown by helicopter for medical treatment to Quibdo, Colombia. COLOMBIA AIR FORCE

Searchers reached the plane two days after the crash but found the two passengers missing.

The air force said it sent out a helicopter with a loudspeaker urging the woman to return to the crash site, and Renteria said a team of about 40 people began to search for her.

They were aided, he said, by a trail of clues left by Murillo, including a flip flop sandal, her son's birth certificate, a cellular phone and the remains of coconuts.

But after two more days, as rescuers began to lose hope, Renteria said he spotted a buzzing circle of flies hovering over something on the ground. As he approached, Murillo began to shout for help and attempted to get to her feet in a state of near-starvation and apparent shock.

"I told her, 'Mama, mama, be calm. The Colombian Red Cross is here to rescue you,'" Renteria said.

During the next four hours, while waiting for an airlift to arrive, rescuers administered Murillo first aid and fed her water and crackers by hand. Renteria said he stayed with the baby.

He said a grateful Murillo asked him to be the boy's godfather. The 38-year-old rescuer, who is unemployed and displaced from his hometown by violence stemming from Colombia's long-running conflict, said he saw the success as a blessing.

"I thanked my little God for allowing me to save these two people," Renteria said. "One thing is telling you on the phone what we experienced but it's quite another is to have lived it." THE ASSOCIATED PRESS

NORTH CHARLESTON

Masses mourn shooting victims

A choir and band launched into a gospel tune and roused hundreds of mourners from their seats Thursday in a crescendo of music at the first funeral for victims of the massacre at a historic black church.

Police officers stood guard and checked bags as mourners filed in for the funeral, which was held as the debate over the rebel Confederate flag and other Old South symbols continued.

A monument to former Confederate President Jefferson Davis had the phrase "Black Lives Matter" spray-painted on it Thursday in Richmond, Virginia, the latest of several monuments to the secessionist, pro-slavery Confederacy to be defaced.

Nine Emanuel African Methodist Episcopal Church members were killed when police say a gunman walked into a Bible study June 17 and opened fire in a racially motivated attack. THE ASSOCIATED PRESS

INTERNATIONAL LAW

American museums evading restitution of Nazi-looted art

U.S. museums are increasingly evading the restitution of Nazi-looted art by using legal tactics to avoid resolving the cases on their merits, according to a report by the World Jewish Restitution Organization released Thursday.

The tactic is a trend that has grown in recent years, it said.

"American museums have an obligation to ensure that claimants get a fair chance to get a hearing on their case," said Gideon Taylor, chairman of WJRO operations. "That increasingly is not happening in U.S. museums."

The technical defence approach by museums also likely is a deterrent to claimants coming forward because they face an expensive and protracted legal struggle, according to the report.

> **If the museums are confident in their interpretation of the facts, then they should be confident to let the court adjudicate whether that's right or not.**
> Gideon Taylor, chairman of WJRo

It cites five museum cases in which the courts sided with the institutions, which won their cases resorting to legal technicalities such as statute of limitations. A sixth case involving a disputed Camille Pissarro painting donated to the Fred Jones Jr. Museum of Art at the University of Oklahoma in 2000 is pending.

The Oklahoma museum said the family that donated the artwork to the museum "undisputedly purchased the painting in good faith from a reputable art dealer, with legitimate and verified title."

"We continue to hope for a resolution that will be fair to all parties," it added.

The report also shows that other countries have taken a different approach to settling claims of stolen Nazi-era art, establishing tribunals or special venues where these issues can be heard based on the merits, not on technical grounds.

"We're not saying every claimant is right and that every claim is a valid claim. We're saying let the claim be heard by a neutral body," Taylor said. "If the museums are confident in their interpretation of the facts, then they should be confident to let the court adjudicate whether that's right or not."

Among its recommendations, the report says the American Alliance of Museums should ensure museums comply with its guidelines "by abstaining from blocking claims on technical grounds."

Museums that fail to do so should be subject to a review of their accreditation with the AAM, it says. It also recommends legislation to extend statutes of limitations for Holocaust-era restitution claims. THE ASSOCIATED PRESS

AAM'S STANCE

The American Alliance of Museums said in a statement that it "takes seriously issues surrounding the question of Nazi-era looted art and is committed to ensuring museums act ethically and in accordance with standards."

RAVE
MASSAGE
INDEPENDENT & LOCALLY-OWNED!
WINNIPEG'S FIRST MEMBERSHIP-BASED, MASSAGE THERAPY CLINIC
Discover the benefits of regular massage therapy. Rave Massage is proud to be an INDEPENDENT, LOCALLY-OWNED & OPERATED CLINIC, offering a high-end spa experience at an affordable price.
BOOK ONLINE RAVEMASSAGE.COM
1220 ST. MARY'S ROAD
(directly across from St. Vital Shopping Centre)
*Introductory rate valid for first time guests only, no commitment required.
ONE HOUR MASSAGE
ONLY $54.95*
204-416-RAVE (7283)

TIM HORTONS

Eh-mojis celebrate the best of Canada

Just in time for Canada Day, Tim Hortons has launched a Canadian "Eh-moji" keyboard in the iTunes App store featuring 12 symbols that any true hoser would be proud to text.

The free keyboard features Canuck symbols including a maple leaf, beaver, Muskoka chair, barbecue, heart-shaped flag, moose, toque, fireworks, Inukshuk, "Eh" in English, "Tsé" in French, and, of course, a Tim Hortons cup.

Tim Hortons' new Eh-mojis. COURTESY TIM HORTONS

It is a smart bit of patriotic digital marketing, and the company also wants feedback as to what might be missing. Using the hashtag #textlikeaCanadian, the company would like people to suggest additions that will be added in software updates, starting on July 1.

Emojis — Tim's Canadianizes with an H as "Eh-moji" — are an evolution of the smiley, that electronic texters can add to their communications in place of words or for emphasis.

"As Canadians, we have a unique way of expressing ourselves," said Peter Nowlan, chief marketing officer at Tim Hortons.

"We set out to create a set of emojis that personified our great country by capturing some of the things that make us unique. TORSTAR NEWS SERVICE

IN BRIEF

Lululemon issues recall of over 300,000 tops

Lululemon is recalling about 318,000 women's tops, saying the hard-tipped elastic draw cords can snap back and injure the face or eyes of a wearer. The U.S. Consumer Product Safety Commission says seven people have reported injuries. About 185,000 tops were sold in Canada from January 2008 to December 2014. THE ASSOCIATED PRESS

market minute

DOLLAR
81.15¢ (+0.50¢)

TSX
14,897.50 (-50.01)

OIL
$59.70 US (-$0.57)

GOLD
$1,171.80 US (-$1.10)

NATURAL GAS: $2.850US (+9.1¢)
DOW JONES: 17,890.36 (-75.71)

FACTORY DIRECT CUSTOM ORTHOTICS
ONLY 149
Your complete assessment will be provided by a Canadian Certified Pedorthist. Recoverable under most private insuring firms.
WHY PAY MORE WHEN YOU CAN GET IT FACTORY DIRECT!
CALL TODAY
Old St. Vital - 75 St. Anne's Road - 204-254-8600
Charleswood - 5120 Roblin Blvd. - 204-783-3668
Visit us online at: Orthodirect.ca
Manitobans working for Manitoba

Cooks of the Teppanyaki Grill at The Real Canadian Superstore in Mississauga, Ont. Loblaw is tinkering with the idea of making shopping at discount Superstores feel like a premium experience, without the premium price. CARLOS OSORIO/TORSTAR NEWS SERVICE

Revamped superstore expands food options

CONSUMERS

Loblaw-owned store aims to be a premium one-stop shop

When it comes to discount grocery stores, saving money often means a warehouse setting, indifferent lighting and a lacklustre fresh-food offering.

Loblaw Companies Ltd., owner of various grocery and Shoppers Drug Mart stores across the country, is challenging that idea with a newly renovated pilot store in Mississauga, Ont., re-opening on Friday, bringing an elevated shopping experience to a Real Canadian Superstore.

"Retail is as much about evolution as anything. If you stay in any one place for too long, you'll be overtaken," said Andrew Iacobucci, president, discount division, Loblaw Cos. Ltd.

The Real Canadian Superstore at 3050 Argentia Rd. in Mississauga, renovated over six months, has a roasted nut and dried fruit counter; a wider variety of ingredients used in Middle Eastern and Asian cuisine; an aisle of rice in large-format sizes; and it carries Parle-G, a popular cookie manufactured in India.

The move is meant to serve the area's growing diverse population. In-store features include:

Seafood & fish
To the left of the main doors are 28 feet of fish and seafood on ice. Beside that, 18 clear tanks are filled with live sea food and fish, including Barramundi, jumbo lobster, Dungeness crab, mussels and clams. The tanks are digitally filtered and temperature controlled. Seafood is a popular ingredient in Asian cuisine, and the new store configuration adds 25 per cent more space to the category. The first day after the seafood section re-opened the store did a week's worth of sales, said Iacobucci.

Veggies on a stage
Fresh is the star of the newly renovated superstore, beginning with fragrant cilantro inside the main doors leading into an abundantly stocked produce section lit up like a stage, featuring bitter melon, durian and fresh curry leaves, along with more routine fare. More than 700 items have been added to the fresh selection, which includes fruit, vegetables, seafood, meat, baked goods, take-out meals and sushi.

Teppanyaki Grill
Never shop on an empty stomach, personal finance advisors say. Now customers won't have to. They can buy T&T sushi to eat in-store or at home, or watch as a chef puts together a hot meal at the Teppanyaki grill. They can pick veggies, noodles or rice, a protein (beef, chicken or shrimp), and then the chef will chop and cook it on the spot.

The full shop
Other in-store features include a pita bakery, cosmetics, a wine shop, a dry cleaner, a pharmacy, a doctor, a gym, an expanded Joe Fresh section, baby products, home wares and electronics. TORSTAR NEWS SERVICE

TRUSTED BUILDER,
CONVENIENT LOCATION,
STRESS-FREE LIVING,
AND A HOME YOU CAN
BE PROUD TO CALL YOUR OWN

REGISTER NOW
NOW PRE-SELLING
Starting from $269,000 Incl. GST
Jennifer Gulay 204 794 9464
Elliot DiDomenicantonio 204 990 2516
Royal LePage Alliance
goldengate@qualico.com
GOLDENGATEESATES.CA
STREETSIDE DEVELOPMENTS A QUALICO Company

metro VIEWS
Your essential daily news
WEEKEND, June 26-28, 2015

THE KOHLER REPORT: ON MAGICAL CONDOMS

Not until recently was there a product that could fall under the category of awkward technology.

We've all heard of good technology (penicillin), bad technology (automated checkout counters), but not until recently was there a product that could fall under the category of awkward technology.

Case in point: Three students from the U.K. won a top prize at the TeenTech Awards this week for a "smart" condom that changes colour or glows upon detection of a sexually transmitted infection. While the new prophylactic, cleverly named the S.T. EYE, would certainly be a boon for our physical health, my neurotic side has a lot of questions as to how this would actually play out. It's embarrassing enough when you're on a date and you realize you have something stuck in your teeth, imagine instead it's a disease stuck in your genitals.

Condoms are already one of the most awkward parts of having sex: from the look the woman at the pharmacy gives you when you buy them ("Getting lucky tonight, eh?"), to the impossibility of finding a place to keep them that doesn't look too organized or too much like you have no idea where a condom could be because it's been that long, to the dreaded moment of application, when for a few seconds the Jeopardy! tune starts playing. Now imagine the tune ending with Alex wryly announcing, "What is Chlamydia?"

Please note: while condoms are used by a plethora of people of many different sexual orientations, I will be using examples about heterosexuality, as that is what I know best. Okay, fine, it's all I know, I'm boring.

What would the parties to an already fraught encounter be thinking and feeling should one of these magical condoms indeed glow or change colour? While a Lord of the Rings fan might deduce that orcs are nearby, others might be more upset. The guy would be freaking out like, "Oh my God, what is it? Who was it? I guess that explains the tingling." And the girl would be like, "Would it be rude if I left right away, or should I pretend to cuddle for a while and sneak out when he's sleeping?"

It seems a titch unfair that testing only goes one way. Great, the girl knows the guy's clean, but who's testing the girl? There should be sensors on both sides of the latex, though by the time the guy found out the girl was packing a virus, it'd be a little late.

It's no surprise that the S.T. EYE was invented by a trio of 13- and 14-year-old science nerds. I'll wager none of them have yet encountered a condom, except maybe in health class, where, if their experience was anything like mine, they watched in an atmosphere of awkwardness and zero eye contact as their gym teacher unfurled, with disquieting competence, an expired Lifestyles onto an overripe banana. Should you ever find yourself in possession of an S.T. EYE, and you put one on a banana and the S.T. EYE changes colour, do not eat it. ("This tastes clappy.").

I'll admit this product could help a lot of people, especially hypochondriacs and sex workers. Safety in the workplace! But, let's face it, if a guy has chlamydia or gonorrhea, it might be a sign that he prefers to skip the condom. So remember, unless you're in a committed, blood-and-swab-tested relationship, "no condom" should glow just as bright to you as an S.T. EYE.

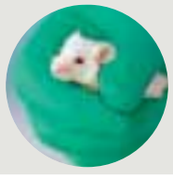
Rebecca Kohler is a standup comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler

Happy face/Sad face

From **malicious monks** to a **letter of love**, Metro weighs in on the news making headlines this week

Clap for the power of science

After 50 years of failed science in this area, researchers at Harvard have hit on a promising experimental chlamydia vaccine — and figured out why the last one went so wrong. The study, using mice, showed that live bacteria are key to immunity. Even better news for the needle-phobic: the vaccine is a nasal spray. (It beats other STI-control methods we could name; see the Kohler Report above). SOURCE: THE VERGE



Edmonton bachelor party gone bad

An Edmonton neighbourhood was stunned when 10 young men with nylons over their faces and brandishing (foam) baseball bats barged into a home and snatched the occupant. Six neighbours called the police, who responded with guns drawn and a chopper overhead. They chose not to lay charges against the men, who were guilty of "kidnapping" a groom for his bachelor party. SOURCE: VICE

Mock monks make a move for money

Buddhists in Ottawa are warning the public that panhandling is not a part of their faith. Stony-silent men with shaved heads, dressed in the flowing robes of Buddhist monks, have been accepting cash in exchange for trinkets from people downtown. It's "the easiest fraud you can to detect," said one local Buddhist. "If you give them money and they accept, then they are not monks." SOURCE: CBC.CA

Lovesick man makes a painterly plea

The Internet dissolved into tears this week after one man took to Weibo — a Chinese-language analog of Twitter — with a single, plaintive question: Does status matter if two people are in love? That's what the painter and decorator wrote in a viral letter to the disapproving mother of his university-educated girlfriend. No word yet on the mother's response, though it really should be positive: The young artist also promised not to borrow money. SOURCE: BBC.COM

ROSEMARY WESTWOOD

metroview

Mother Canada is flashy, substance-free patriotism

Your thank-you card is in the mail, Parks Canada.

Without you — and the 10-storey statue you're proposing to help erect in a national park — I would have never known Mother Canada.

So this must be the motherland? Guess I missed that social studies lesson on sexist nationalist symbolism.

Silly, I know, but I would never have thought to memorialize our war dead buried abroad by building a statue of a giant woman.

And, you know, Mother Canada sure doesn't look like I'd expect.

She's a sombre figure, draped in a cloak, standing at the edge of the Atlantic with arms outstretched to welcome us all into her bosom. From what I know of women's war effort, it was a little more "welding in munitions factories." A little less "uselessly standing on a rock." I think they might have even worn pants.

But I get it now — she's an echo of more patriarchic times. Our answer to Mother Russia and American gargantuanism. Our knock-off Lady Liberty.

Definitely the best $60 million (in mostly private funds; more on that later) spent on veterans issues. Even better than the $700,000 the government has used to fight veterans upset over benefits delays.

You know, I've walked along Vimy Ridge, beneath the incredible monument where the original Mother Canada stands (also called Canada Bereft, a name notably lacking in femininity). But I don't remember her. I remember imagining the soldiers in that battle, and standing among rows of white tombstones in the green grass of a small cemetery nearby, one of many that dot the countryside.

France is a trek, so I can see why you'd want to bring Mother Canada closer (and bigger!) for all 35 million of us — by putting her in a national park on Cape Breton, population 147,000.

I have a little suggestion, though: Since we're so angsty about upping nationalistic pride, maybe we could do more to get people out to Remembrance Day ceremonies? I think they're less well attended these days than mac and cheese festivals.

Never mind the fact that Parks Canada's own employees argue that the monument violates the site's wilderness-zone designation, or the fact that Parks Canada gave $100,000 in public money to the organization behind the project. It's a good thing we're getting Godzilla — sorry, Mother Canada. Now I know that we Canadians really do go in for that flashy, substance-free patriotism stuff.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER METRO WESTERN CANADA
Steve Shrout

MANAGING EDITOR WINNIPEG
Elisha Dacey

ADVERTISER INQUIRIES
adinfowinnipeg@metronews.ca
General phone 204-943-9300

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Enjoy iPhone 5c on Canada's largest LTE network.[1]

$0[2]

2-yr Lite plan
with data
$469.95 no term

SIM card charge
($9.95) may apply.

iPhone 5c

iPhone 5c is engineered to the brightest specifications.
It comes in five colours and is an eye-catching value.

Switch to Bell, and not only will you get access to Canada's largest LTE network, you will also be joining the carrier that has 99 percent of customers choosing to stay on a monthly basis.[3]

For $50/month, you get:

- Unlimited anytime nationwide minutes
- Unlimited nationwide text, picture and video messages[4]
- 1 GB of data[5]

Visit a Bell store • 1 888 4-MOBILE • bell.ca

Bell switching just got better

Get expert advice today.
Visit a Bell store near you:

BRANDON
Shoppers Mall
204 571-8950

WINNIPEG
Garden City Shopping Centre
204 334-6119
Grant Park Shopping Centre
204 416-7347 – kiosk
Kildonan Place
204 654-2887
Polo Park
204 480-3004 – kiosk
Portage Place
204 480-1003
St.Vital Centre
204 254-3285 – kiosk

Also available at the following
Bell Authorized dealers:

WINNIPEG
AIE Communications
759 Pembina Hwy
204 691-0458
Dominion Centre
204 691-6761
Winnipeg Square
204 691-0777

Also available at:

THE SOURCE I WANT THAT

Offer ends June 30, 2015. Available within network coverage areas available from Bell Mobility; see bell.ca/coverage. $25 connection charge credit applied on the account before taxes; allow 6 to 8 weeks. Due to billing cycles, the $25 connection charge may appear on the first bill and must be paid. 9-1-1 government monthly fee in SK: $0.62. Taxes extra. Other conditions apply. If you end your Commitment Period early, a Cancellation Fee applies; see your Agreement for details. Subject to change without notice. **(1)** Based on total square kms of coverage on the shared LTE network available from Bell vs. Rogers LTE network. See bell.ca/LTE for details. **(2)** Available with new activations or upgrades of the 8 GB model with $50/mo. spend before tax ($45/mo. plan + $5/mo. for 1 GB data) or a $45/mo. plan if adding to an existing account. Promotional pricing may apply; visit bell.ca/rateplans for details. **(3)** Based on a monthly average subscriber cancellations from January – March 2015. **(4)** Sent texts include texts sent to a Canadian phone number while in Canada and exclude texts sent to a U.S. or International phone number, premium texts (short codes), alerts, texts sent with a messaging application and roaming (international GSM, CDMA and U.S. CDMA texts). Received texts include texts received while in Canada and exclude roaming, premium texts (short codes), alerts or dial-up texts received from a messaging application. Out of bundle charges may apply. Data usage charges may apply with select CDMA smartphones to send and receive picture and video messages. **(5)** Supports personal email accounts and HTML & WAP browsing and tethering. Corporate email integration and other corporate-type solutions not available. Apple and iPhone are trademarks of Apple Inc.

metro LIFE
Your essential daily news

Taylor Swift will allow Apple Music to stream her 1989 album

Hollywood brings roles to bear

MOVIES

Ted isn't the first of his kind to grace the silver screen

IN FOCUS

Richard Crouse

When John Bennett (Mark Walhberg) was a small, lonely child he wished for just one thing — a best friend. His wish came true and Ted (voice of Seth MacFarlane), his trusty teddy bear, came to life. The pair became "Thunder Buddies" for life and the subject of two movies, Ted and this weekend's Ted 2.

Ted isn't your usual teddy bear. He smokes pot, swears — imagine rooming with Tommy Chong and Charles Bukowski — and has trouble holding down a job.

In the new film, Ted is married to a human woman but under the eyes of the law he is seen as property and not a person. When the couple decides to adopt a child he faces a court battle helmed by a young lawyer (Amanda Seyfried) and a renowned, civil-rights attorney (Morgan Freeman).

Ted may be the rudest and crudest teddy bear to ever star in a movie, but there are loads of other talking teddies that are cool bears and not Teddy Bores. Remember Lancelot from Labyrinth, or the bear in AI: Artificial Intelligence — who tells the young robot that 50 years is not such a long time — and Winnie the Pooh?

Here are three more cinematic bear necessities:

"I'll never be like other people, but that's alright," says the star of the delightful Paddington, based on the much-loved children's books by Michael Bond, "because I'm a bear. A bear called Paddington."

The story of Paddington (voiced by Ben Whishaw) the cuddly, orphaned Peruvian bear picks up when he, armed only with a "worrying marmalade problem" and his distinctive red hat, lands at Paddington Station in London. There, a family adopts him and learns to love the little bear, even though chaos follows his every step. The film's co-star Hugh Bonneville says the Paddington character is so popular he is, "part of the DNA of the U.K."

The movie presents Paddington in his iconic blue duffel coat and red hat but not the usual Wellington Boots because they were not part of the bear's original design. Manufacturers added his red wellies so the toy teddies were able to stand upright.

As voiced by Ned Beatty, Lots-o'-Huggin' Bear is a Southern accented, strawberry scented teddy who looks cuddly, but is anything but. When a misunderstanding threatens to separate the toys, Woody (Tom Hanks), Buzz (Tim Allen), Jesse (Joan Cusack) and the gang take matters into their own tiny hands but when they meet the huggable but evil Lotso the garbage dump or the attic begin to look good.

"The guy may seem plush and huggable on the outside," says Buttercup the Unicorn, "but inside he's a monster." His habit of throwing toys that don't please him into "the box" is so evil he's even been compared to the wicked Governor on The Walking Dead.

Seth MacFarlane once again voices a foul-mouthed, pot-smoking bear in Ted 2. CONTRIBUTED

MOVIE RATINGS by Richard Crouse

Ted 2 ★★★
Max ★
The Overnight ★★★★

HOW RATING WORKS	
★★★★	SEE IT
★★★	WORTHWHILE
★★	UP TO YOU
★	SKIP IT

Unlike Ted Fozzie the Bear doesn't work blue. The fuzzy brown jokester has been a big screen star since 1979's The Muppet Movie where he was discovered by Kermit the Frog doing stand-up comedy in a dive bar.

In the film Fozzie drives a Studebaker, but how, exactly, does a puppet manoeuvre a car? The film answers the question — "Where did you learn to drive?" Kermit asks. "I took a correspondence course!" — but the real answer is that the real driver hid in the trunk and drove the car by remote control, using a television monitor to guide his steering.

How's the news today?
Join our Online Reader Panel and help make your Metro News even better. Join for a chance to win a $25 gift card.
metronews.ca/panel
metro

MANITOBA'S LARGEST YEAR-ROUND INDOOR MARKET
MULVEY
FLEA MARKET
EST ★ 2001
OODLES of ODDITIES - ROWS of RARITIES
A CORNUCOPIA of COLLECTIBLES!
LOCATED AT: Osborne & Mulvey Ave. E.
OVER 40 VENDORS • AIR CONDITIONED
CANTEEN • WHEELCHAIR ACCESS
HOURS: 10am - 5pm • Sat - Sun & Holidays
TABLE RENTAL INFO: 204-478-1217
WWW.MULVEYMARKET.CA

Mark Wahlberg stars in Ted 2, his first-ever sequel film. According to Wahlberg, he was most attracted to the idea of changing the film's dynamic while also working with his good friend and director Seth MacFarlane. GETTY IMAGES

Marky Mark on his first time

TED SEQUEL

Wahlberg says he'll only do sequels if they feel 'different'

Matt Prigge
Metro | New York City

Mark Wahlberg doesn't do sequels. There's been talk of a second Italian Job, a second Four Brothers and even a follow-up to The Fighter that follows other boxers. But so far nothing has materialized, in part because he's picky. And yet here's Ted 2, his first sequel and a fairly different film than 2011's Ted, in which he played the owner-friend of a magically sentient talking bear, voiced by co-writer and director Seth MacFarlane.

"It was only worth doing it if we could make it better than the first. It had to be its own thing," responds Wahlberg over the phone from the film's London junket. "When people talk about sequels I always just shrug it off. If they develop a script I'll take a look at it. I always want to do something different and change the dynamic."

Part of that had to do with getting another chance to riff and hang out with MacFarlane. "Seth and I really have a lot in common. We have a knowledge of old, old television from the '70s and '80s," he explains.

That's one reason they're comfortable together on-screen, though it's not as ad-lib-heavy as it may seem. "We play around a lot, but the writers are so good you don't need to improv so much. You might find yourself in a scene where you need to interject life into it. But it's not as necessary as it is in other situations."

MacFarlane's reputation for shocking and offending people is very much in play in Ted 2, which includes race and gay jokes, plus one about Charlie Hebdo. Wahlberg doesn't really think about those kinds of responses when saying them.

"It's one of those things where we shoot it, put it in front of an audience and see how people respond," he explains. "He doesn't like to be censored, to be sure."

Wahlberg doesn't even get shaken by the Ted films' most challenging aspect: believably conversing with a CGI talking teddy bear. MacFarlane riffs with Wahlberg while standing around where the camera is, while his co-star stares down at what will later be a special effect.

"I feel like he's real. And if I believe it, I feel I can convince an audience," Wahlberg says of his methodology. "That's what Seth wants and that's the only thing I want to do: we want to make it real. We want to make it look real. Not make a joke of it and wink at the audience."

THE TV DINNER JESSICA ALLEN

In the world of food, Seth MacFarlane could be cilantro: you either love it, hate it — like Julia Child did — or are allergic to it.

There are some things that I'm incapable of understanding: buying new jeans that are already ripped; city cyclists who wear fingerless biking gloves for their five-kilometre commute; and when people mispronounce mascarpone as "marscapone."

Other things, however, are more contentious. Take Seth MacFarlane. On one hand, he was instrumental in rebooting the original Carl Sagan Cosmos with Neil deGrasse Tyson. On the other, he's responsible for that song about boobs, which he performed while hosting the 2013 Academy Awards.

Then there's Family Guy, the cartoon for adults created by MacFarlane. I've never watched an episode. Hearing people conduct lengthy conversations during the show's height in the early 2000s as either Stewie, the talking baby, or Brian, the talking dog, was all the Family Guy I could handle.

Yes, it's unfair to judge a sitcom by its annoying fans. It's also unfair, my boyfriend Simon told me, to make your partner watch Ted, the 2012 feature film MacFarlane wrote and directed about Bostonian John Bennett (Mark Wahlberg) and his best friend Ted, a CGI teddy bear (voiced by MacFarlane) who teaches John to be a better human.

THE FILM: TED 2

THE FOOD: 7 INGREDIENT SALSA

Their weed-fuelled bromance will continue on Friday when the sequel hits theatres. Ted 2 focuses more on its title character, who is married and wants to have a baby. Biology requires that Ted ask John to be his sperm donor. John agrees. But for Ted to have legal custody of the baby, the teddy must prove he is human.

In the world of food, MacFarlane could be cilantro: you either love it, hate it — like Julia Child did — or are allergic to it. But few are indifferent.

Although food writer Harold McGee says cilantro is "the world's most widely consumed fresh herb," it's never really caught on in Europe or the Mediterranean where many say it tastes "soapy." No wonder: McGee writes that "the same or similar aldehydes" found in cilantro "are also found in soaps and lotions and the bug family of insects."

Cilantro haters voice their disgust on websites, blogs and Facebook pages, including one called I Hate Cilantro, which has 16,000 followers and is categorized as a political group. The lovers, including Simon, use it creatively: he once suggested I put it in a batch of ice pops.

I didn't, but it's a necessary ingredient in my seven-ingredient salsa, which a friend's father taught me how to make. Blitz a can of drained plum tomatoes, a red onion, a jalapeno, garlic clove, juice of a lime, a generous pinch of salt and big handful of cilantro in a food processor. It's so good that I can't recall the last time I bought jarred salsa.

I do remember, however, the last trailer that I laughed out loud watching. For better or worse, it was Ted 2.

Jessica Allen is the digital correspondent on CTV's The Social.

COMEDY

MacFarlane hasn't lost his edge

Family Guy creator Seth MacFarlane dismisses the notion that comedy has become more politically correct these days. Instead, he blames some members of the press for exaggerating the situation.

"They are screaming that everyone else is angry when they're not," MacFarlane said. "I don't buy it. I don't think it's real."

"This is the only thing I agree with my Republican friends on," he added.

MacFarlane feels there's a disconnect from the perception that the media creates and the way people actually think.

"Most people are capable of deciphering comedic situations from actual offences," he said.

MacFarlane attended the world premiere of his new movie, Ted 2, in New York City on Wednesday.

THE ASSOCIATED PRESS

Living a dog's life to the Max

FAMILY ADVENTURE

Lauren Graham talks working with kids and canine co-stars

Ned Ehrbar
Metro | Life

Lauren Graham, left, with her Max co-star Josh Wiggins, and Carlos the dog (inset). CONTRIBUTED

There's an old show business adage about never working with children or animals. The comment is usually incorrectly attributed to W.C. Fields, but no matter who coined the phrase, Lauren Graham clearly hasn't taken it to heart.

For her latest film, Max, about a military dog with PTSD that goes to live with the Texas family of its fallen trainer, Graham supports both a teenage co-star and a four-legged one. Yet, that doesn't mean she had any hesitations about the project.

"I've worked with a lot dogs — and a lot of kids," Graham says with a laugh. "You just know what to expect. It's another element of slight unknown, and a little bit of restriction in a way, because you can't just do whatever you want. You have to kind of be there for the animal or for the child. But that's OK."

In fact, that difference in the filmmaking environment can be a welcome change, Graham explains. "In a way it just kind of defines the world you're working in. And these dogs were incredibly well-trained, and for the most part they want to be working and they want to be rewarded for completing these tasks, so it was just kind of amazing to watch them," she says.

"They all live together with the same trainer, and they're all rescue dogs. They are friends, the dogs. They get along really well."

Best known for her work on television in both Gilmore Girls and Parenthood, some could argue that Graham is becoming something of an expert in playing characters who grapple with moody teenagers.

But Graham takes slight issue with that. "Well, on Gilmore Girls she wasn't so much moody when she was a teenager," she points out. "But they don't make enough movies about non-moody teenagers. I think that may be due to the fact that most of them are moody."

This film's moody teen is younger son Justin — played by Hellion star Josh Wiggins — a mopey hacker who sells pirated video games and shirks responsibility until his older brother's death in Afghanistan shakes up the family.

"He felt like a different kind of actor to me," Graham says of Wiggins. "And this was such a different world to play this family who are in Texas and the military is a very big part of their lives, so it felt like a different challenge."

> **"You can't just do whatever you want, you have to kind of be there for the animal or for the child**
> Lauren Graham

Now playing

ACTION & ADVENTURE

Max

Director: Boaz Yakin
Starring: Jay Hernandez, Robbie Amell

A military dog from Afghanistan is adopted by his late handler's grieving family in the U.S., where his close bond with the soldier's brother leads to a life-altering revelation in this family-friendly adventure from MGM and director Boaz Yakin, who co-wrote the screenplay.

ROTTEN TOMATOES™ SCORE
Critics: 36% Audience: 94%

COMEDY

Ted 2

Director: Seth MacFarlane
Starring: Mark Wahlberg, Seth MacFarlane

Newlywed couple Ted and Tami-Lynn want to have a baby, but in order to qualify to be a parent, Ted will have to prove he's a person in a court of law. Seth MacFarlane returns as the voice of the titular bear in this follow-up to the 2012 live-action/CG-animated comedy.

ROTTEN TOMATOES™ SCORE
Critics: 46% Audience: 95%

ANIMATION

Inside Out

Directors: Pete Docter, Ronnie del Carmen
Starring: Amy Poehler, Bill Hader

Growing up can be a bumpy road, and it's no exception for Riley, uprooted from her Midwest life when her father starts a new job in San Francisco. The emotions that guide her — Joy, Fear, Anger, Disgust and Sadness — conflict on how to navigate the move.

ROTTEN TOMATOES™ SCORE
Critics: 98% Audience: 92%

★ ★ ★ ★
"A MASTERPIECE!"
–Mara Reinstein, US
ME AND EARL AND THE DYING GIRL
PG NOT RECOMMENDED FOR YOUNG CHILDREN, LANGUAGE MAY OFFEND
MeAndEarlMovie.com
WINNER sundance AUDIENCE AWARD 2015
WINNER sundance GRAND JURY PRIZE 2015
EXCLUSIVE ENGAGEMENT STARTS TODAY
LANDMARK CINEMAS GRANT PARK
Check theatre directory or go to www.tribute.ca for showtimes

SMART DESIGN

3-D printers used for customizable nail art

The 21-year-old owner of CLAWZ uses 3-D printers in China to create elaborate designs for your nails. CONTRIBUTED

Not so long ago, Avery-Anne Gervais was flipping mobile home security cellphone applications as a door-to-door salesperson in Winnipeg. It was a far cry from the entrepreneur's lifelong dream of being a contestant on Dragons' Den.

Now, the 21-year-old is living in Shanghai, China, pulling the reigns of CLAWZ, her very own startup that bridges technology, fashion and art. Her product? Art for your fingernails made with a 3-D printer.

"If you want the Winnipeg Jets logo on your fingernails you stamp that on, or you want your high school emblem on there, or you want the letters of your name or the initials of all your best friends," said Gervais via Skype, from China.

Millennials — mainly women, including celebrities such as Katy Perry — have embraced nail art, transforming it from a fashion statement into a soaring trend. It's an age of mass experimentation, and now, with 3-D printing, the possibilities seem endless.

"Pick your size, your colour and the shape, and just print it off," added Gervais, who also owns a retro spray-tanning salon in Winnipeg. "So that was the dream — complete customization of whatever you wanted on your nails."

By 2018, 3-D printing is slated to be a $4.8-billion industry and the fashion world is looking to cash in.

Also known as rapid prototyping, 3-D printing uses different materials to build a three-dimensional model of an object layer by layer. Through the use of a computer-aided design (CAD) program, designs are created, dimensions are dictated and textures are explored.

Conventional nail art lasts for just a few days to upwards of a week or two. Unlike the shorter shelf life of typical nail art, CLAWZ is permanent, reusable, and texturized in greater detail. A 3-D printer prints out replicas of a set of nails in wax. These wax prototypes are cast into precious metals like black steel or silver, which, through a temporary adhesive that attaches to the nail, allows customers to self-decorate.

One is a set of black nails, texturized to mimic koi fish scales, and another, entitled, "A Girl's Best Friend," is gold matte with a black diamond in its centre. CLAWZ has another line, orbital in theme, which is inspired by different phases of the lunar cycle. These cost anywhere from about $40 to $130 for a full set. CLAWZ just pre-launched its product in China and is now marketing its soon-to-be-available summer line.

Gervais said CLAWZ targets young women aged 21 to 35 who get their nails done, and who perhaps consider themselves tech nerds.

"Women want to be integrated with technology and they love the idea that it's a 3-D printer. It becomes a conversation piece," she said.

In Canada — and North America in general — 3-D-printed fashion hasn't quite caught on yet, evidenced by CLAWZ launching in China, not at home.

Nina Huynh, 34, owner of Wow Wow Nails in Toronto, had never heard of 3-D printers being used to manufacture nail art. Huynh, who estimates she applies nail art to around 40 to 50 customers each week, was unsure what to think of the trend — if to call it that at all.

"It's definitely a cool concept," said Huynh, who browsed CLAWZ's website. "I don't know how much people are going to want this because it's going to be expensive and I don't think we're ready for it yet ... When it comes to nail art, we're a little bit behind." TORSTAR NEWS SERVICE

The success of DJ Johnny Love's viral Healthgoth Manifesto video and his underground parties have brought him international fame. TORSTAR NEWS SERVICE

Workout wear for the fashion crowd

TREND

Healthgoth trend started by an out-of-shape DJ

With a nightlife entourage, Chicago's Johnny Love and his crew have helped propel a fitness subculture movement that's become known as healthgoth.

With their tattoos, piercings, coloured hair and black mesh workout gear, the healthgoth followers don't fit the traditional gym rat mode.

The success of Love's viral Healthgoth Manifesto video on YouTube and his underground parties have brought him international fame. He toured his pop-up gym installations, making stops across America from Chicago to Austin for SXSW to Toronto (Love's Soft Leather dance party recently touched down in the city). Love and his posse walk participants through a series of exercises from his three-day free-weights routine, while DJs keep the energy levels up.

It all started when, going into his early 30s, Love had been on tour for months when he noticed things happening to his body.

"It was a gradual progress of my own fattening up with my face getting rounder and I looked really soft," he said.

He did what lots of people do when they need fitness advice and asked a more experienced friend for tips. Being on tour and not having a workout routine or gym membership, his options were limited but the weight loss solution he got was simple.

"You don't need a gym membership," said the friend, "just quit eating carbs. Start tomorrow." Love was incredulous — it worked.

His current routine is not unlike many others you might encounter at the gym.

"There's a chest and biceps day, back and triceps day, and leg and shoulders day. And if there's room, we do an abs routine," he said. "If you still have strength at the end of day three, you can do a last calf exercises until your legs are burning and its time to go home. If you're sore, then you're doing a good job."

The Healthgoth fashion esthetic emerged from the Internet, inspired by avant-garde designers like the Rick Owens and Alexander Wang. As the fitness trend has gone global, mainstream designers like Nike, Under Armour and Adidas are creating specialized lines to fill the growing "alternative" activewear niche. TORSTAR NEWS SERVICE

THE SHOPPING LIST

Animal print workout wear
Look for edgier lines of innovative mesh-heavy, tie-dyed and animal-print workout wear from brands like Lucas Hugh and Canadian labels Michi, Vancouver's Daub + Design and Toronto's Hoi Bo. While female-focused, some could complement a unisex look.

Haven (Havenshop.ca)
With their first brick and mortar shop in Edmonton, Haven has Japanese avant-garde and sporty deep in their DNAtocking limited runs of Junya Watanabe contemporary TAKAHIROMIYASHITA The Soloist's line, and oversized reflective running ponchos from Barbour & White Mountaineering and the latest collaborative designer supergroup, ACRONYM and Stone Island's Shadow Project.

Adidas Originals (Adidas.ca)
It's impossible to ignore the originator and first choice for healthgoth enthusiasts who covet collaborations with designers like Japan's Neighbourhood and London's Mary Katrantzou. Summer 2015's inflatable car tire-inspired Tubular sneaker collection may give Nike's Roshe Runs a run for their money.

Nomad (Nomadshop.net)
Incorporate the latest Fear of God tanks, Nike Tech Fleece shorts and Raf Simons Velcro sneakers into your training sessions thanks to Toronto's Queen West bastion of cutting edge menswear.

TORSTAR NEWS SERVICE

In The Overnight, what starts as a dinner party deviates after the kids go to bed. CONTRIBUTED

Not-so-innocent invite

SEX COMEDY

Adam Scott talks about baring it all in The Overnight

Steve Gow
For Metro

Adam Scott has a few helpful words for young parents learning to make new friends in modern suburbia.

"Don't take your pants off before you're ready would be my advice," said the star of TV's Parks & Recreation in a recent interview in Toronto.

While that seems like an offbeat metaphor, it also would've been a practical pointer for Scott's character in The Overnight — a new sex comedy in which he and his on-screen wife (Taylor Schilling of Orange Is The New Black) attend a seemingly innocuous dinner party only to find their mysterious new neighbours have other plans. As the evening unfolds, the couple is soon caught up in a nightmare that has them evaluating their sexual mores and pondering their predictable marriage.

"I did relate to it in a lot of ways," said Scott, who is married with two children himself. "Taylor's and my character, we are happy (and) they love each other very much. It's just their position with each other and the position of their relationship gets a little unmoored. And all you need is to be unmoored a little bit to start questioning everything."

For Scott's character, that meant facing not only a few homoerotic impulses but an intimate inadequacy that has gathered a lot of media attention since the movie premiered at the Sundance Film Festival.

Indeed, Scott knew donning a diminutive penis prosthetic on-camera would be shocking, but he never thought he'd have to discuss it at such length.

"I was on this HBO show Tell Me You Love Me and we had prosthetic penises on that so I talked about it a bit then," laughed Scott. "But I had no idea what I was in for."

As painful as shooting those "nude" scenes must have been, they pale in comparison to the overall suspense of the story. After all, sophomore filmmaker Patrick Brice has said he aimed to shape the swinger comedy into a nail-biting thriller.

"A friend of mine said it's like a horror movie where sex is the monster and I completely agree with that," said Scott. "We've had screenings where people are yelling at the screen, just like a horror movie."

SCOTT SAYS

Learning from the best
Although his most famous work is in TV's Parks & Recreation and cult-hit Party Down, Scott says it wasn't until he starred opposite Will Ferrell in 2008's Step Brothers that he found his comedy mojo. "I was mostly doing dramatic stuff," admitted Scott. "So it was really hard. But if you're going to learn (comedy) anywhere, it may as well be with those guys. They're the coolest!"

Director's chair
Backing the film as a producer, Scott hopes he can someday make the jump into directing as well but its something he isn't rushing. "I want it to be the right thing," said Scott. "If you make one movie and it's not good, then chances are, you aren't going to get that chance again."

On pushing his comfort level
"When I read it, I thought this is very uncomfortable for me — not just the physical stuff but the emotional stuff was creepy," said Scott.
STEVE GOW

MOVIES

Little Death opens sex files

Ned Ehrbar
Metro | Life

Australian director Josh Lawson's debut, The Little Death, delves into the sex lives of five Sydney couples and the comic consequences that arise from lovers clumsily admitting their secret desires to each other. One storyline in particular has been getting the bulk of the attention, though.

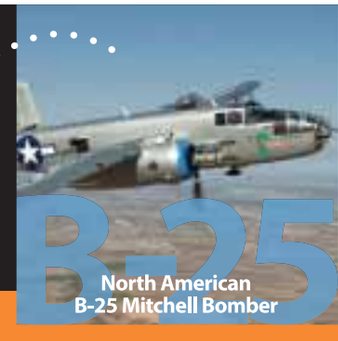
Are any of these storylines based in truth in any way?
In fact, the rape fantasy was where it all started, and it came from a confession — or admission, really. Confession makes it sound like she's done something wrong, and there's certainly nothing wrong with having a rape fantasy. But it was at a dinner party many, many years ago. You know, we'd had a few glasses of wine and the subject came up, and this girl said it was a fantasy of hers. I was so fascinated by it.

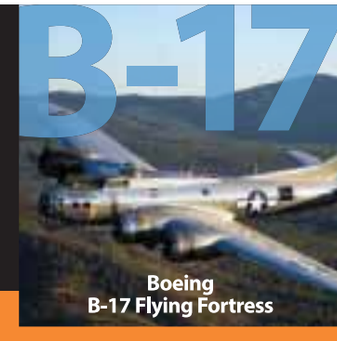
Was that something you'd ever come across before?
I certainly knew of rape fantasies, but I'd never really spoken with anyone with such candour about it. I just really felt there was something in it. I really felt like I'd never seen something like that explored on film, and when I researched that fetish, other fetishes sort of came up. And the more fetishes came up, the more I realized there was just so much to it — the world of fetishism and kinks.

It does seem to persist being a source of real shame for people, though.
It's well-observed. I really was fascinated at what point in any relationship you tell someone, "Hey, I'm really into this." I mean, we all do it in our own way. But yeah, I think sex is that last taboo subject in a lot of ways. There is a lot of shame associated with it, there's fear associated with it.

Do you have a favourite of the couples, as a writer?
I love them all, I really do. I'll say this, there was one story that has met with a lot of resistance in terms of funding for a long, long time, but I'm proud of the achievement and the actors. The first one is the rape story. People always contest that we're making jokes about rape, but I don't think that we are. I think it's because there's the issue of rape in a comedy, but the comedy never comes from us making fun of it or treating it lightly. I understand where the controversy is coming from, but I refute it, obviously.

Josh Lawson and Bojana Novakovic in The Little Death.

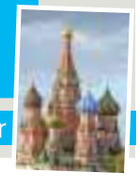
One WEEK Only!
Two WW II Bombers Landing in Winnipeg
June 29-July 5




ROYAL AVIATION MUSEUM of WESTERN CANADA
Located at Ferry Road and Ellice Avenue
June 29 1:00pm–5:30pm
June 30–July 5 9:30am-5:30pm
RoyalAviationMuseum.com
204 786 5503 • Info@RoyalAviationMuseum.com
#TwoWWIIBombersLandinginYWG

metro TRAVEL
Your essential daily news

Nearly 5 million more foreign tourists visited Russia in the first quarter this year



Coastline, seafood without the crowds

A squall rolls in from the Gulf of St. Lawrence along the Cabot Trail in Cape Breton Highlands National Park, N.S. JOHN LUMPKIN VIA THE ASSOCIATED PRESS

NOVA SCOTIA

Outdoor pursuits await visitors on Cabot Trail

Rounding a curve on the Cabot Trail, you see it: an elongated pile of granite jutting toward the Atlantic Ocean.

It's called Middle Head, and it's part of Cape Breton Highlands National Park on Nova Scotia's Cape Breton Island. The views from here are stunning, whether a sandy beach below or brooding Mount Smokey above.

At Middle Head's entrance is the 75-year-old Keltic Resort, which can serve as a well-appointed base camp for exploring the 950-sq.-km. national park and the Cabot Trail, a ring road.

Reminiscent of Ireland's formidable Ring of Kerry, Cabot Trail's 298-kilometre route clings to cliffs, plunges into deep native forests and connects small coastal communities whose heritage comes from French, Irish and British settlers, as well as the Mi'kmaq, the region's indigenous people.

Highway signs may be in French or Gaelic, as well as English.

Navigating sharp bends and steep descents, motorists can stop at numerous "look-offs" that may be safer than gawking through the windshield.

Birds are abundant, marine life can be observed during off-shore tours, and a moose or two may materialize.

One difference between the Ring of Kerry and its Canadian counterpart is the crowds.

Here, tour buses are rare and other traffic is light. Just make sure you know where gas stations are.

For the peckish along the Cabot Trail, an extraordinary club sandwich is served at the unpretentious Seagull Restaurant near the Keltic Resort.

It is packed with chunks of locally caught lobster, smoked bacon and summer-fresh lettuce and tomato on crusty toast.

The chowder is prepared daily by the octogenarian owner and retired coal miner, John Dan Jobes. In his broth could be crab, scallops, salmon, mackerel, cod or halibut.

Up the highway is the Chowder House in Neil's Harbour, a fishing village with stacks of lobster traps on its wharfs.

Chowder House's 16 indoor picnic tables were crammed before noon on a weekday with offerings of lobster sandwiches, crab cakes and both clam and seafood chowder.

Its mussels could have been harvested that morning from Cape North near where explorers John and Sebastian Cabot were said to have landed in 1497.

Working up an appetite is not difficult. Hiking trails for different skill levels are plentiful throughout the national park, including more than a half-dozen near its entrance at Ingonish Beach.

One low-impact guided hike traverses the length of Middle Head through trees and patches of knapweed, elderberry and wild daisies to its tip for a 270-degree panorama of the ocean and faraway jagged shorelines.

Said to be among the world's top cycling destinations, Cape Breton Highlands has strategically placed campgrounds for longer Cabot Trail rides and several off-pavement trails.

Golf at internationally ranked Highland Links adjacent to Keltic Resort can be arduous, if you walk rather than ride in a motorized cart.

Highland Links' holes wind by the sea, twist through dense woodlands or border the Clyburn River. The trek from the first tee to the 18th green is 13 kilometres.

With what's left of the day, you could attend a "ceilidh" at a local parish hall where musicians gather to play or spend it in the Highland Sitting Room at Keltic, with ocean views, twin fireplaces and entertainers.

THE ASSOCIATED PRESS

IF YOU GO

Check out Cheticamp, a French-Acadian fishing village; the Bell Museum in Baddeck; and Glenmora Distillery in Glenville.

The main lodge at Keltic Resort near Ingonish Beach, N.S.
JOHN LUMPKIN VIA THE ASSOCIATED PRESS

Say yes to FLORIDA!

$200 OFF your family vacation[1]
Book by July 3

Flights to Tampa via Toronto
Stay in St. Pete / Clearwater

Sirata Beach Resort
Standard traditional rm. • August 29 • 1 wk.
5TH NIGHT FREE[2] + PARKING INCLUDED

$1079
Add taxes & other fees: $159

AIR CANADA VACATIONS
Contact your travel agent
aircanadavacations.com

Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on June 26, 2015, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from James Armstrong Richardson International Airport in Winnipeg in Economy class and include surcharges. Non-refundable. Subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Flights operated by Air Canada rouge. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. ■ [1]New bookings only. Valid for bookings made between May 25 and July 3, 2015 for travel from May 25 and completed by Oct. 31, 2015. $50 off per person, including children. [2]Valid for travel from Aug. 3 and completed by Oct. 31, 2015. ■ ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

aeroplan

Think you know Canada, eh?

CANADA DAY

Quiz focuses on unique attractions countrywide

ON THE MOVE

Loren Christie

In honour of Canada's 148th birthday on Wednesday, let's celebrate our collective quirky side by testing your knowledge of our country's most bizarre and unique tourist destinations.

1. Cap-Egmont, P.E.I., is home to a collection of three buildings made from 25,000 recycled what?
a) Egg cartons
b) Bottles
c) Horseshoes

2. Every spring tens of thousands of snakes, the largest gathering in the world, emerge from their winter dens. Which province is home to this slithering frenzy of activity?
a) New Brunswick
b) Manitoba
c) British Columbia

3. The ferry service between these two cities is the oldest continually operational saltwater ferry service in North America.
a) Halifax-Dartmouth
b) Vancouver-Victoria
c) Ottawa-Montreal

4. This Vancouver Island town is home to world's largest hockey stick and puck.
a) Duncan
b) Nanaimo
c) Tofino

5. This province is home to The Myriad View, Canada's first legal moonshine producer.
a) Saskatchewan
b) Quebec
c) Prince Edward Island

6. Which province can lay claim to giant roadside attractions that include an apple, a nickel and a really large Canada goose?
a) Newfoundland
b) Ontario
c) Alberta

7. This island is the largest island in a freshwater lake in the world.
a) Miller's Island
b) St. Pierre and Miquelon
c) Manitoulin Island

8. This city has the most pubs per capita in Canada.
a) St. John's
b) Toronto
c) Halifax

9. True or false, the Ice Hotel, outside of Quebec City, is rebuilt every year from scratch.

10. Carl Lindley, a homesick U.S. soldier building the Alaska Highway, posted a sign post to his hometown in 1942. Today the Sign Post Forest in Watson Lake, Yukon, has how many signs from all over the world hammered to row upon row of posts?
a) 77,000
b) 7,700
c) 77

11. Which of the following festivals does not exist?
a) Nanaimo's World Championship Bathtub Race
b) The Great Klondike International Outhouse Race in Dawson City
c) The National Frog Jumping Championships in St. Pierre-Jolys, Man.

12. Alberta's Wood Buffalo National Park is home to the world's largest what? It's so big it can be seen from space.
a) beaver dam
b) eagle's nest
c) canoe

13. The Leifsburdir in Newfoundland is the only sod-covered restaurant in North America. It serves up traditional —— food.
a) Acadian
b) Viking
c) British

Answers:

1. b
2. b
3. a
4. a
5. c — all exist
6. b
7. c
8. c
9. True
10. a
11. Trick question
12. a
13. b

ISTOCK

TRAVEL NOTES KEY MAKEOVER AND BAJAN BARGAINS

Florida resort receives $2-million facelift

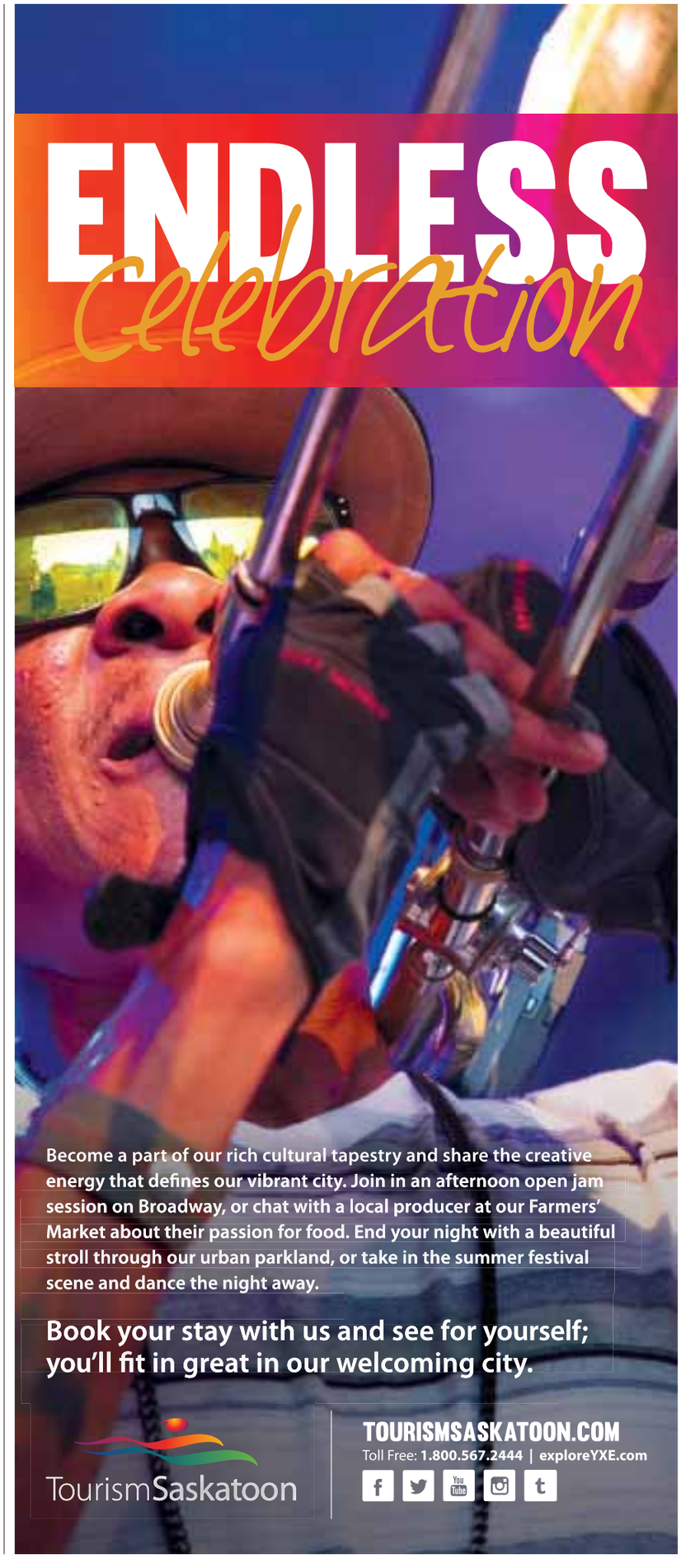
Hawks Cay, a quiet resort on Florida's Duck Key in the south end of the state, just finished a $22-million renovation, sprouting a new adults-only section and new family suites, plus revamped meeting space to the tune of 20,000 sq. ft. Updates also include facelifts to the spa. A Marina Walk cultural and market area debuts early 2016. For more information, visit HawksCay.com.

The sun goes down on Hawks Cay. JASON STEMPLE

Romantic seclusion up for grabs in Caribbean

Newly restored, The Crane resort hotel in Barbados is offering 35 per cent off all rooms from now until July 15 for travel before April 14, 2016. Enjoy private pools, gardens, old-world charm and natural beauty. Guests staying for a week get additional resort credits. Email reservations@thecrane.com for details. Booking code: SUM2015.

DOUG WALLACE


ENDLESS
celebration
Become a part of our rich cultural tapestry and share the creative energy that defines our vibrant city. Join in an afternoon open jam session on Broadway, or chat with a local producer at our Farmers' Market about their passion for food. End your night with a beautiful stroll through our urban parkland, or take in the summer festival scene and dance the night away.
Book your stay with us and see for yourself; you'll fit in great in our welcoming city.
TourismSaskatoon
TOURISMSASKATOON.COM
Toll Free: 1.800.567.2444 | exploreYXE.com

metro SPORTS

Atlanta outfielder Nick Markakis's record error-less streak ended at 398 games

WEEKEND, June 26-28, 2015

Jets weighing draft options

NHL

GM considering trading to move up in the order

This is the latest first-round pick the Winnipeg Jets have had, even dating back to their time as the Atlanta Thrashers. That's not necessarily a bad thing.

"We used to joke that you don't want to be sitting in the front row all the time at the draft," general manager Kevin Cheveldayoff said. "You want to be sitting more to the back."

Following their first playoff appearance since moving to Winnipeg, the Jets are toward the back of the draft floor with the 17th pick. But they also have the 25th selection thanks to the Evander Kane trade, allowing the club to stockpile future prospects while keeping an eye on now.

Cheveldayoff said the Jets would consider trading those picks to move up significantly in the first round. Two years after selecting 10 players, targeting a top-10 performer is a luxury the organization has.

"I feel confident in our scouting staff and how they've assessed players over the years," Cheveldayoff said Tuesday in Las Vegas. "If they look at me and say, 'We really want to try and get that player,' then I'll do my best to try and accommodate."

Arizona Coyotes GM Don Maloney said two weeks ago he was getting significant offers for the third overall pick. He said on Thursday he had an offer of two first-round picks and a player for it, which would point to the Jets as a likely trade partner.

The Jets made some deadline deals for pending free agents but didn't give up much in this draft. If Drew Stafford, Jiri Tlusty and Lee Stempniak depart in free agency and Winnipeg also loses Michael Frolik and Jim Slater, Cheveldayoff is confident young players like Anthony Peluso, Eric O'Dell and Andrew Copp can step in.

"If you look at all the successful teams ultimately taking the next steps in their regeneration or their next step in their process, you need the young players to get an opportunity to play so that there's room for growth in their games," he said. "Young players' ceilings are far from reached, and it's important."

That won't affect the Jets' draft play, Cheveldayoff said, because picks are often two or three years away from contributing in the NHL. Of course that could change if they move up and potentially select Boston College defenceman Noah Hanifin.

THE CANADIAN PRESS

DEVELOPMENT

Should the Jets stand pat, the draft becomes the same cyclical piece of their development process as it has been.

"We've talked about drafting and developing," Cheveldayoff said. "We've gone through the draft side of it, we've gone through a little bit of the development side now and in a little while there we're going to obviously have to look at the long-term side of some of our younger players."

Go to metronews.ca for more coverage of this weekend's draft

CFL REDBLACKS, ALOUETTES KICK OFF SEASON IN MONTREAL The Redblacks' Travis Brown, bottom right, tackles the Alouettes' Tyrell Sutton with the assistance of teammate Jerrell Gavins during the CFL's regular-season opener on Thursday night in Montreal. The Blue Bombers will get their season started on Saturday when they visit the Roughriders. For Thursday's result, go to metronews.ca. GRAHAM HUGHES/THE CANADIAN PRESS

McDavid 'looking forward' to hearing his name called

Connor McDavid is expected to be selected first overall in the draft by the Oilers. BRUCE BENNETT/GETTY IMAGES

For Connor McDavid, this is only the beginning.

And he's eager to see what comes next.

There's no mystery, no drama, no guessing about what will happen when the Edmonton Oilers make the first pick in Friday night's NHL draft. It's going to be McDavid's moment, as hockey's latest heir apparent — a six-foot-one centre who's already been compared to the game's royalty — takes his first steps on the road to what many expect will be a rapid rise to professional stardom.

"You only go through the draft process once and it's something you want to savour," McDavid said. "It's something I've been looking forward to for a long, long time. (You're) going to be so happy when you're drafted, but that's when the hard work starts."

He's going to a place that saw the Stanley Cup get hoisted five times in seven seasons from 1984 through 1990, with no titles since and not even as much as a playoff appearance since 2006. And the Oilers haven't exactly cashed in on having the top pick; McDavid will be their fourth No. 1 overall selection in the last six years.

But the Richmond Hill native is supposed to be different.

"Time will tell, but at this age, yes, probably," Florida general manager Dale Tallon said when asked if McDavid is the best prospect since Sidney Crosby. THE ASSOCIATED PRESS

IN BRIEF

Towns drafted by T-Wolves with first overall pick

The Minnesota Timberwolves selected Kentucky's Karl-Anthony Towns with the first pick in the NBA draft.

Karl-Anthony Towns THE ASSOCIATED PRESS

The Timberwolves went for the freshman centre Thursday night in their first time owning the No. 1 pick. They can add him to a young roster featuring Rookie of the Year Andrew Wiggins.

The six-foot-11 Towns averaged 10.3 points and 6.7 rebounds in just 21 minutes per game.

THE ASSOCIATED PRESS

Reports: Raptors send Vasquez away on draft night

The Greivis Vasquez era in Toronto appears to be over.

The Raptors have traded the backup guard to Milwaukee, according to numerous reports. The Raptors receive the No. 46 and a future first-round pick in return.

The move frees up a significant amount of cash for this summer's free agency. The 28-year-old from Venezuela was set to make $6.6 million US next season.

Vasquez averaged 9.5 points, 3.7 assists and 2.6 rebounds in 82 games last season. He shot 40.8 per cent from the field, and hit a career-best 37.9 per cent from three-point range.

Later on Thursday night, the Raptors drafted Delon Wright out of Utah with the 20th pick. THE ASSOCIATED PRESS

Lester pushes winless streak to seven starts

Jon Lester's winless streak stretched to seven starts when he lasted four innings in his shortest outing in more than three years, and the Los Angeles Dodgers beat the Chicago Cubs 4-0 Thursday for a four-game split.

Signed to a $155-million, six-year contract, Lester (4-6) allowed four runs, four hits and four walks, while striking out five. He is 0-4 with a 4.43 ERA since beating Pittsburgh on May 16.

Lester had not gotten that few outs in a start since lasting two-plus innings for Boston in an 18-3 loss to Texas on April 17, 2012.

Carlos Frias combined with four relievers on an eight-hitter for the Dodgers.

THE ASSOCIATED PRESS

Hurting but still in the game

WOMEN'S WORLD CUP

Sesselmann overcomes knee injury to help Canada

The post-practice ice bag on Lauren Sesselmann's knee is a reminder of the veteran defender's painful journey to the Women's World Cup.

At times it has been one step forward, two steps back in her return from anterior cruciate ligament surgery. The 31-year-old has had some missteps at the tournament. But the resilient Sesselmann has bounced back and continues to line up alongside teenage centre back Kadeisha Buchanan in a stingy Canadian defence.

In the tournament opener against China, a giveaway during a passage of erratic play in the first half meant Sesselmann had to convince coach John Herdman to keep her on the field. There were also some hiccups in the round-of-16-game against Switzerland.

Herdman has defended his centre back. But Sesselmann has felt the heat from the media, perhaps unfairly for an athlete who has had to go from zero to a 100 in returning from a serious knee injury at the sport's biggest showcase.

"You hear it here and there," she said of the criticism. "People are always going to have something to say. You can be the best player in the world and they still have something to say. I'm not even worrying about that. I look where I am and how far we've gotten at the tournament and it's kind of that moment where you're just like 'We're here, you're not.'

"This is our team and we're focused on the talk at hand… People can say what they want but we're focused on winning the Cup."

Canada's next challenge is England on Saturday in the quarter-finals at B.C. Place Stadium.

Sesselmann tries to see the bigger picture when it comes to being under the spotlight.

"Everybody in this tournament makes mistakes.

Even the greatest athlete in the world makes mistakes," she said. "It's part of the game.

"It's how you bounce back from them. And each game for me has been better and better. My job is to defend and that's exactly what I've been doing."

Canada is tied with the U.S. and Brazil with just one goal conceded at the tournament.

Sesselmann says she has been feeling calmer each time out. And she takes great pride in having made it back to the national team.

"This time last year was a really bad time for me," she said. "And the whole (recovery) process itself, there were tons of highs and lows — mostly lows. So it was a really difficult passage for me.... I look where I was over a year ago, I'm just so proud of myself and just really excited.

"To be here is the greatest thing ever."

The American-born Sesselmann qualifies to play for Canada through her father, who was born in Stephenville, N.L. She was 28 when she made her debut for Canada. THE CANADIAN PRESS

QUARTER-FINALS

FRIDAY

In Montreal
Germany vs. France, 3 p.m.
In Ottawa
China vs. U.S., 6:30 p.m.

SATURDAY

In Edmonton
Australia vs. Japan, 3 p.m.
In Vancouver
Canada vs. England, 6:30 p.m.

Canada defender Lauren Sesselmann has clawed her way back into the women's national team lineup after tearing her ACL in training for last year's Cyprus Cup. MINAS PANAGIOTAKIS/GETTY IMAGES

30M

FIFA says its 2014 Women's Football Survey, which drew responses from 177 of 209 member associations, showed that 30 million women play soccer worldwide. FIFA's goal is have 45 million women playing soccer by 2019.

LET US SELL YOUR VEHICLE FAST!

CarProof VEHICLE HISTORY REPORTS

GUARANTEED OFFER IN 7 DAYS OR LESS
SELL YOUR VEHICLE FAST
NO RISK, NO WASTED TIME
NO STRANGERS CALLING OR VISITING YOUR HOME
PROFESSIONAL SERVICE – WE DO ALL THE WORK
GUARANTEED FUNDS, SAME DAY PAYMENTS

204-631-3850
www.ADESAPublicAuctions.ca

ADESA PUBLIC AUCTIONS

Register your vehicle or refer a friend to sell at ADESA's weekly auctions and be entered for your chance to
WIN AN APPLE iPAD!

SELLERS NAME: _____ REFERRED BY: _____
PHONE: _____ PHONE: _____

At Birchwood Credit Solutions, you are:
C T P D W Z S U S D O
L O N L V R D P E E P
A F M A E E M T C V T
L Z F F T A E B U E I
I S Z I O R S V R I M
U G C W M R O E E L I
C X U I F G T P D E S
E M N C Z F A A M R T
R E L A X E D P B I I
D H Y Z I T X G G L C
T N E D I F N O C Y E
COMFORTABLE
CONFIDENT
DETERMINED
EXCITED
IMPORTANT
OPTIMISTIC
PLEASED
RELAXED
RELIEVED
SECURE

OMG: HALF AND HALF MAKEUP BLOWS UP ON INSTAGRAM

A divisive new beauty trend is taking place on Instagram, featuring women with half of their faces made up.

Using the hashtag #ThePowerOfMakeUp, thousands of beauty lovers have been posting photos of themselves with one half of their face looking completely bare and the other modelling a more glamorous and flawless look.

Acting as combination "before and after" photos, the powerful images show the capacity of makeup to completely transform your natural features. They are a way for these women to defend themselves against "makeup shaming," or criticism for wearing too many cosmetics.

The trend was inspired by YouTube beauty hit Nikkie Tutorials, who caused an online sensation when she posted her video The Power of MAKEUP! to her channel back in May. The industry expert explained her decision to post the video saying, "I feel like lately makeup shaming has become a thing. It's as if putting makeup on to have fun is a shame. Therefore, I thought it would be cool to show you the power of makeup." The clip has since gone viral and been seen over 17 million times.

Instagram captions accompanying the photos reveal the psychological effect of makeup, ranging from "I'm attractive either way" to "makeup shaming — just stop it!!" AFP

"At Birchwood Credit Solutions, our interest is in your future, not your past."
Keith
Financial Services Manager
Nairn Avenue Location
BUY HERE PAY HERE

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You can talk your way out of anything. Your powers of persuasion are second to none. Whether you use this talent wisely remains to be seen but wherever you go this weekend others will be impressed by your words.

Taurus April 21 - May 21
Over the next few days it will become increasingly obvious that the world has moved and you must move with it. Taurus may at times be an inflexible sign but even you know the old way of doing things has had its day.

Gemini May 22 - June 21
Mercury in your sign makes this an ideal time for forward planning, for thinking ahead. What you decide over the next few days will be what you bring into being over the next three or four weeks, so think carefully.

Cancer June 22 - July 23
What do you fear the most? Whatever it is, you must now face up to it and overcome it once and for all. Most likely you will discover it really isn't such a nightmare after all.

Leo July 24 - Aug. 23
Your views and opinions are likely to change quite dramatically over the next few days. You will certainly become aware of possibilities that did not occur to you before. Too fixed an outlook is the enemy of progress, so be flexible in your thinking.

Virgo Aug. 24 - Sept. 23
Your attitude towards your work will become a lot more serious over the next few days. Even if you are already successful in what you do you will realize there is so much more you can achieve.

Libra Sept. 24 - Oct. 23
With mind planet Mercury moving through the area of your chart that governs long-distance travel, you won't be short of offers to expand your horizons. Accept each and every one of them.

Scorpio Oct. 24 - Nov. 22
Something will grab your attention today and captivate you to such an extent that you have little time for anything else. In the short-term that may be no bad thing but try not to let it become an obsession.

Sagittarius Nov. 23 - Dec. 21
You seem to be doing a lot for other people and not so much for yourself. That needs to change. You must learn to say "no" whenever anyone, no matter how close, asks you to do things that you clearly don't enjoy.

Capricorn Dec. 22 - Jan. 20
As Mercury moves through the work and health area of your chart you will find plenty of reasons to get busy — not least that you fear your reputation will suffer if you don't take a leading role. Don't exhaust yourself though.

Aquarius Jan. 21 - Feb. 19
Nothing is beyond you. All things are possible. According to the planets, you will make even the most difficult of tasks look easy. There is though a danger that you will take on too much and spread yourself too thin. Stay focused on your number one aim.

Pisces Feb. 20 - March 20
You must stay true to your beliefs. The more others try to persuade you to change your way of looking at and dealing with the world the more you must dig in your heels and refuse.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		8		1		9		
	2		3		9		5	
	1						3	
		3	9	8	6	5		
			2		3			
			7		1			
	8	7				2	1	
4								6
	9	1	5	2	7	3	8	

©2015 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Birchwood CREDIT SOLUTIONS
A member of the Birchwood Automotive Group

Why go anywhere else?
Come directly to the one you can trust.

BUY HERE PAY HERE is a Registered Trademark of Birchwood Automotive Group Partnership. Registration Number: TMA451756

RECIPE Rose's Hawaiian Burger

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 10 minutes
Cook time: 23 minutes
Serves: 4

Ingredients
- 1 lb ground lean sirloin steak
- 3 Tbsp minced green onion
- 1/4 cup dry seasoned breadcrumbs
- 3 Tbsp barbecue sauce
- 1 1/2 tsp crushed fresh garlic
- a pinch of salt and freshly ground black pepper
- 1 egg
- 1 tsp dried basil
- 1 medium red bell pepper cut into four wedges
- 4 rings sweet large onion (cut into 1/4 thickness)
- 4 slices zucchini, sliced lengthwise (cut into 1/4 thickness)
- 2 round slices pineapple (1/2 thick, cut into four pieces)

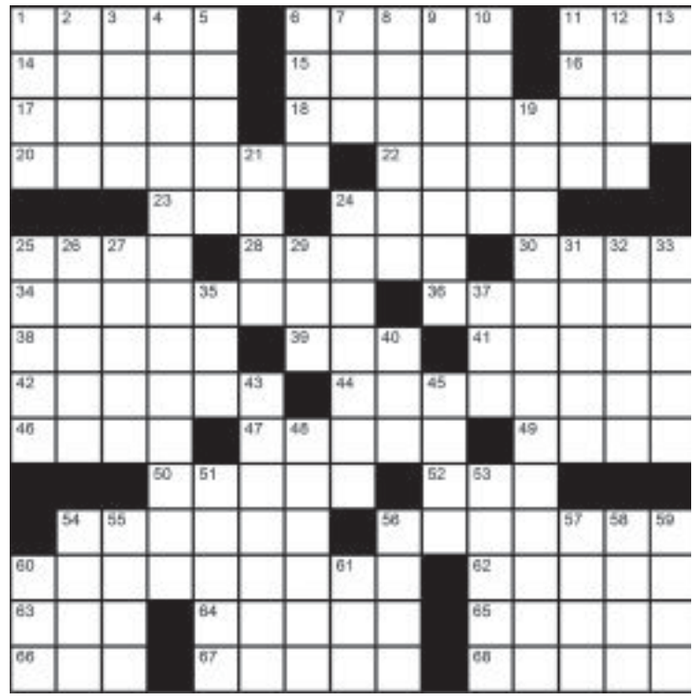
Directions
1. To make the burgers, combine meat, green onion, breadcrumbs, barbecue sauce, garlic, salt, pepper, egg and basil in a large bowl. Mix thoroughly and shape into four burgers. Grill for four minutes per side, or until no longer pink in the centre.
2. Meanwhile, grill on barbecue or in a pan, red bell pepper wedges, onion rings and zucchini slices until charred and tender, about 10 minutes. Add pineapple slices and grill for five minutes in total.
3. Layer burger with vegetables and pineapple and serve. If preferred, serve with hamburger buns.

Nutrition per serving
- Calories 280
- Protein 26 g
- Fat 13 g
- Sodium 253 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Thicket of trees
6. Calendar amounts
11. Deplete
14. Literary adventurer Mr. Quatermain
15. Georgia of "The Mary Tyler Moore Show"
16. Blood-typing letters
17. Andes creature
18. Quantity for Earl Grey?
20. John _ (Canadian host of Food Network's "You Gotta Eat Here!")
22. Castle tower
23. Airport acronym
24. Filmdom's Mr. Eisenberg
25. Advertised-on-TV record co.
28. Scoundrel
30. Ms. Jordan
34. Like sci-fi aliens
36. Mr. Yoakam
38. "You wanna fight, you'll get a fight!": 2 wds.
39. "_ 2" (2015) starring Mark Wahlberg
41. Challenger's beginning words...
42. Naval port of France
44. Hit for #30-Across: "Make You a _"
46. Blind, as per falconry
47. Island retreat in 1988 hit "Kokomo"
49. Journalist's interest
50. "Kind of _ _" by The Buckinghams
52. Cottage bed
54. Muscular
56. Harry Potter's pal Ron
60. Porch's lovely-sounds-provider: 2 wds.
62. Zzzzz ...loudly!
63. Cousin of 1960s television
64. "Why _ _?" (How come you won't let me?)
65. Ancient Greek colony
66. Music style, _ Soul
67. "Wayne's World" (1992) character Garth
68. Basketball-into-net sound

DOWN
1. Math class, e.g.
2. Stewing pot
3. _ du jour (Restaurant's special)
4. Dutch cartographer (b.1728 - d.1801) who became British North America's first Surveyor-General in 1764: 2 wds.
5. Pass, as law
6. Abominable snowman
7. Opposite WSW
8. Types of quartz
9. Withdrew from a court case
10. Music symbols
11. Home free
12. Border on
13. Parliament Hill fig.
19. Donald Sutherland's character in the 'Hunger Games' movies: 2 wds.
21. Not nervous
24. Beetle kind: 2 wds.
25. Works with wool
26. From head-_-_
27. Occur as a result
29. Muesli tidbit
31. Tequila plant source
32. The Taming of the _
33. 'Gang' suffixes
35. Barcelona 'one'
37. Nintendo game console
40. Newbie socialite [abbr.]
43. Spiral-tusked Arctic whale
45. Pretty material
48. Emulating the sun
51. Record label
53. Desert green spot
54. Locale
55. Go _ detail
56. Figure skater Johnny
57. Ms. Anderson
58. Q. "'_ _' _ amongst George Clooney's acting gigs, right?" A. "Yeah, he played a doctor."
59. "You betcha!"
60. Succeed
61. Kingston Trio song

You deserve credit from someone you can trust.

Why BUY HERE PAY HERE® with Birchwood Credit Solutions?

★ Our in-house finance support gives equal opportunity to all, regardless of credit concerns.
★ We report your payments to both major credit bureaus so you can establish or re-establish your credit.
★ We lend our own money and make approval decisions, not the bank. Instead of making payments to a traditional lender, you simply arrange a vehicle loan and make payments through Birchwood Credit Solutions, therefore you 'buy' and 'pay' all in one place.

Three city-wide locations
1065 Salter Street - between Leila and Partridge
768 Nairn Avenue - corner of Chester Street
3965 Portage Avenue - inside Birchwood Honda West

toll-free:1-877-676-7914
Get on the road to stress-free car ownership
birchwoodcredit.com

BUY HERE ★ PAY HERE®

Why BUY HERE PAY HERE® with Birchwood Credit Solutions?

- ★ Solutions for all credit situations, including multiple write offs, repossessions, and bankruptcies
- ★ Payments reported to major credit bureaus
- ★ No money down
- ★ Flexible payment options
- ★ Warranty included
- ★ Comprehensive Roadside Assistance

INVENTORY READY TO FINANCE!

2013 TOYOTA COROLLA
52,637km, Heated Seats
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

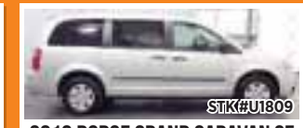
2012 DODGE CHARGER
55,392km, SE
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2013 KIA SOUL 2U
36,840km, B/T, Heated Seats
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2011 JEEP COMPASS NORTH
59,202km, AWD
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2014 CHEVROLET CRUZE
41,954km, LT, Bluetooth
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2015 KIA SORENTO LX
31,516km, AWD, B/T, Heated Seats
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914



2010 DODGE GRAND CARAVAN SE
84,292km, SE
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2010 DODGE JOURNEY
57,000km, SE
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2010 CHEVROLET MALIBU
83,490km, LT, Sedan
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2013 FORD TAURUS SEL
SEL, Leather, Loaded, Sunroof
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2014 CHEVROLET MALIBU 1LT
46,385km, LT
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2011 TOYOTA RAV4
78,845km, FWD
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2012 HYUNDAI SANTA FE
91,091km, GL FWD V6
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

2015 KIA OPTIMA LX
37,039km, Auto, B/T, Heated Seats
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

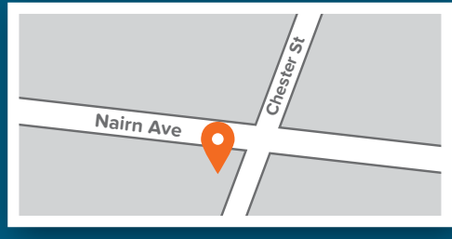
2014 CHEVROLET MALIBU 1LT
47,906km, LT
BIRCHWOOD CREDIT SOLUTIONS
CALL: 1-877-676-7914

More great vehicles to choose from at birchwoodcredit.com/inventory

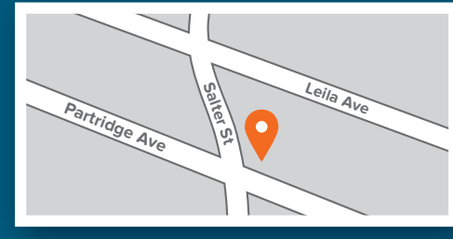
Birchwood CREDIT SOLUTIONS
A member of the Birchwood Automotive Group

toll-free:1-877-676-7914 **birchwoodcredit.com**

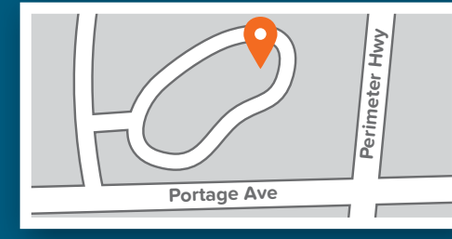
Three great locations to serve you!



768 Nairn Avenue
Corner of Chester Street



1065 Salter Street
At Partridge Avenue



3965 Portage Avenue
Inside Birchwood Honda West

BUY HERE PAY HERE is a Registered Trademark of Birchwood Automotive Group Partnership. Registration Number: TMA451756. Dealer Permit #4689